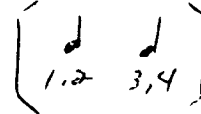


- circle dance, hands held
- elbows bent, facing centre
- no introduction



A.

- 1 travelling c.c.w. turning hips to face r.l.o.d.
touch L toe beside R (1,2) step L (3,4)
- 2 step R (1,2) step L (3,4)
- 3 turning hips to face l.l.o.d. touch R toe beside L (1,2)
turning to face r.l.o.d. step R (3,4)
- 4 step L (1,2) step R (3,4)
- 5-8 rep. meas. 1-4

B.

- 1 facing and travelling c.w. step L (1) close R to L (2)
step L (3,4)
- 2 turning to face centre step R (1) close L to R (2)
step R (3,4)
- 3 travelling fwd to centre step L (1) close R to L (2)
step L (3,4)
- 4 step R on the spot (1,2) kick L fwd (3,4)
- 5 step L on the spot (1,2) kick R fwd (3,4)
- 6 travelling bkwd from centre step R (1,2) step L (3,4)
- 7 step R (1,2) step L (3,4)
- 8 step R beside L (1) step L beside R (2)
step R beside L (3,4)

C.

- 1 facing centre and travelling fwd step L (1) scuff R (2)
step R (3) scuff L (4)
- 2 rep. meas. 1
- 3 rep. meas. 1
- 4 step L (1) scuff R (2) small bounce on L (3)
stamp R beside L no body weight (4)
- 5 jump to both feet apart (1,2) lift and kick R across L (3,4)
- 6 step R bkwd (1) close L to R (2) step R (3,4)
- 7 step L bkwd (1) close R to L (2) step L (3,4)
- 8 step R bkwd (1) close L to R (2) step R (3,4)

D.

- 1 facing and travelling c.w. step L (1) close R to L (2)
step L (3,4)
- 2 step R (1) close L to R (2) step R (3,4)
- 3 turning to face centre step L fwd (1) scuff R (2)
step R fwd (3) scuff L (4)
- 4 step L fwd (1) scuff R (2) stamp R no body weight (3,4)
- 5 step R bkwd (1,2) lift and kick L (3,4)
- 6 step L bkwd (1,2) lift and kick R (3,4)
- 7 step R bkwd (1,2) step L bkwd (3,4)
- 8 step R bkwd (1) step L beside R (2) step R beside L (3,4)

A	B	C	D	A	B	C	D
2x	4x	2x	2x	2x	4x	2x	2x