

HORA DE LA VRĂV (HOH rah dayh lah VRUFF) - Bulgaria-Vlach

This dance comes from the village of Vrav, Vidin District, Northwest Bulgaria. It was collected by Yves Moreau in the fall of 1971. The dance is related to the "Breaza" type of dance which is widespread in the region of Oltenia, Romania.

Meter: 2/4. Formation: Mixed lines or open circles. Hands joined down at sides. Wt on L. Style: Knees bent slightly. Steps are small and close to ground with certain heaviness.

Meas PATTERN

- 1 Facing ctr, hop on L simultaneously bringing R around from behind to a fwd pos close to the ground (ct 1), facing slightly L of ctr, stamp sharply with wt with Rft (ct 2).
- 2 Still facing slightly L of ctr, stamp sharply with wt with Lft (ct &). Still facing same direction, stamp sharply with wt with Rft (1). Still facing same direction, stamp sharply with wt with Lft (ct 2).
- 3 Facing ctr, hop on Lft simultaneously bringing Rft around from a fwd position to a backward position close to the ground (ct 1), facing slightly R of ctr, stamp sharply with wt with Rft (ct 2).
- 4 Still facing slightly R of ctr, stamp sharply with wt with Lft (ct &), still facing same direction, stamp sharply with wt with Rft (1), still facing same direction, stamp sharply with wt with Lft (ct 2).
- 5-8 Repeat pattern of measures 1-4 exactly.
- 9 Facing ctr, hop on Lft (ct 1), step onto Rft to R (ct 2).
- 10 Still facing ctr, close Lft to Rft sharply (ct &), step onto R to R (ct 1), stamp with Lft next to R, no wt (ct 2).
- 11-12 Reverse pattern of measures 9-10.
- 13-16 Repeat pattern of measures 9-12.
- 17 Facing ctr, leap onto Rft to R simultaneously picking up Lft behind R calf (ct 1), leap onto Lft to R behind Rft (2).
- 18-21 Repeat pattern of measure 17, four more times.
- 22 Still facing ctr, small leap onto Rft to R (ct 1), leap onto Lft to R in front of Rft (ct 2).
- 23 Sharp stamp with wt onto Rft turning to face slightly L (ct 1), step onto Lft sideways L (ct 2).
- 24 Facing ctr, step straight back onto Rft (ct 1), step onto Lft to R directly behind Rft (ct 2).
- 25-32 Repeat pattern of measures 17-24 exactly.
Repeat dance from the beginning till end of music.