

HORA DIN GOICESTI  
(Romania)

*Muntania*

Source: Hora din Goicesti is a circle dance from southern Romania, the region Bucharest. This dance was learned by Mihai David while performing with the Romanian State Folk Dance Ensemble.

Music: "The Lark" FLDR  
side one, band one 4/4

Formation: Closed circle, *joined hands a shoulder level in "W"*

Style: There is a light, bouncy quality throughout the dance in the feet and legs, as well as the arms when raised. *the R.H. or their done on balls w/ feet rather than flat*

Measure Introduction

1-8 Hold

Part I - Travel in and out of circle, ~~hands out~~  
*shoulder level, elbow bent.*

1 ↑ Run into center stepping R (ct.1) L (ct.2) cont. fwd. with R,L,R (cts. 3, &, 4).

2 ↓ Back out of circle with L,R,L (cts. 1&2) *↑* step fwd. with R,L,R (cts. 3&4).

3 ↓ Backing out of circle stepping L (ct.1) R (ct.2) cont. back with L,R,L (cts. 3, &, 4).

4 ↑ Step fwd with R,L,R (cts. 1, &, 2) step back L,R,L (cts. 3, &, 4). *↓*

5-8 Repeat measures 1-4.

Part II - Travel around circle *(part II)*  
~~in the same way~~  
*down to handhold.*

1 Run R,L,R (cts. 1, &, 2), run L,R,L (cts. 3, &, 4).

2 Run R,L,R (cts. 1, &, 2), run L (ct.3), R (ct. 4). *kicking heel up in lock*

3-4 Repeat measures 1-2 using opposite footwork cont. in LOD.

5-8 Repeat measures 1-4.

To finish dance continue to alternate Parts I & II.