

(Romanian)

Hora pe Cheata is one of the hundreds of charming little dances found throughout the villages of Muntania, a large folkloric zone lying in the south central part of the country. The capital of Romania, Bucharest, lies in this zone. This dance was learned from Theodore Vasileu in Romania by Sunni Bloland.

Translation: Hora on Ice.

Pronunciation: Hora pay Kee-YAHICH-tuh.

Formation: Lines or open circle of men and women.

Position: Hands held in "W" position.

Music: NOROC 1074

Meas. Pattern

- 1-2 Facing slightly right and moving to the right, take 4 steps beginning with the R ft; R, L, R, L, and end facing center.
- 3 Sway sideways to R on R ft.
- 4 Sway sideways to L as R ft is swung gently around in front.
- 5 Lunge forward on R ft, (ct 1), and body continues to "roll" up in a forward direction (ct 2), "skating" gesture.
- 6-7 Moving backward, take 4 steps beginning with the L ft; L, R, L, R.
- 8 Take 1 more step bkwd on L ft (ct 1) and stamp R ft next to L ft (ct 2).

Presented by Sunni Bloland.

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MITITEI (MEAT BALLS)
(Roumania)

2 pounds chopped lean chuck	salt and pepper
Bouillon	dried thyme
2 cloves garlic, chopped fine	

Marinate the meat in the bouillon and mix with the fingers until it is fluffy but not wet. Add the garlic, salt and pepper. Chill in refrigerator 1 hour. Let stand $\frac{1}{2}$ hour at room temperature. Make into sausage or cigar-shaped rolls. Sprinkle with dried thyme and broil until done. Serves 4.