

IM HOOPALNU

Circle dance, facing in twd Ctr, hands joined down.

PART I

- 1 R stamp across over L, turning to face Cw,
bending over, bringing hands down sharply.
2 L step back to place, turning to face in twd Ctr and straightening up.
3 (R) touch heel to side, around Ccw, rotating body to face Ccw, arms raised high.
4 hold
5 R
6 L } run fwd, around Ccw, facing Ccw, hands joined down.
7 R
8 L spring in place, turning to face in twd Ctr,
and drawing hands up to shoulder height.
9-31: repeat, ending on count 7 (no count 32). (9-31: 8/8, 8/8, 7/8)

PART II

- 1 L spring in place, facing in twd Ctr.
2 (R) touch heel fwd, twd Ctr, legs straight, hands up to shoulders.
3 hold
4 R step fwd, knee bent. }
5 L step fwd, high on toe. } moving fwd, twd Ctr, hands down,
6 R step fwd, knee bent. } with accentuated down-up steps.
7 L step fwd, high on toe. }
8 R close high on toe, turning to face Ccw.
9 L step across over R, knee bent. }
10 R step to side, high on toe. } moving out from Ctr with a
11 L step across over R, knee bent. } down-up motion, facing Ccw.
12 R step to side, high on toe. }
13 L step across over R, knee bent. }
14 R }
15 L } step in place, turning to face in twd Ctr, body at normal height.
16 R }
17-32: repeat.
33 L step in place, facing in twd Ctr, lifting R ft. (17-33: 8/8, 9/8)