

ÎNVÎRTITA
(Transylvania, Romania)

Pronunciation:

Record:

2/4 meter

Formation: Ptrs facing each other in closed shldr-blade shldr-blade pos, or with W hands over M shldrs and M hands held at head level with bent elbows pinching W arms.

Meas

Pattern

- BASIC SIDE TO SIDE
- 1 *Hold* Lift slightly on L ft (ct 1); step on R ft to R with a slight accent (ct &); lift slightly on R ft (ct 2); step on L ft beside or slightly in front of R ft (ct &).
- 2 Step on R ft to R with slight accent, wt on both ft (ct 1); hold (ct &); step on L ft beside or slightly in front of R ft (ct 2); step on R ft to R (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.

EXTENDED TURN CW AND CCW

Position: Turning to face L, M L hand on W R upper arm, M R hand on W L shldr-blade or over her L shldr. W R hand on M L upper arm, her L hand on his R upper arm or hooked above his R elbow.

The cpl turns CW while performing the following steps:

- 1 Lift on L ft (ct 1); step fwd on R ft (ct &); hold (ct 2); step fwd on L ft (ct &).
- 2 Step slightly fwd on R ft with slight knee bend (ct 1); step fwd on L ft (ct &); step slightly fwd on R ft with knee bend (ct 2); step fwd on L ft (ct &).
- 3-6 Repeat meas 1-2 twice.
- 7 Lift on L ft (ct 1); step fwd on R ft (ct &); hold (ct 2); turning to face R in preparation to turn CCW, reverse arm pos and step on L ft to L (ct &).
- 8 Step fwd on R ft (ct 1); hold (ct &); step fwd on L ft (ct 2); step fwd on R ft (ct &).
- 9-16 Repeat meas 1-8 with opp ftwk and direction (turn CCW).

Variation on Extended Turn:

- 1-4 Repeat meas 1-4.
- 5-6 Repeat meas 2 twice.
- 7-8 Repeat meas 7-8.
- 9-16 Repeat meas 1-8 of the Variation with opp ftwk and direction.

DISHRAG TURN

At end of Extended Turn open so that W is on M R side, inside hands joined (M R, W L). M continue Basic Step more or less in place but with much more energy and vigor. M may also turn slightly under joined hands.

- 1 Lift on L ft (ct 1); step with accent on R ft (ct &); lift on R ft (ct 2); step with accent on L ft (ct &).
- 2 Step with accent on R ft and bring hands back at shldr level (ct 1); step on L ft, hands push fwd (ct 2); step with accent on R ft (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk.

Continued...

INVIRTITA (Continued)

- W: Move CCW around M
- 1 Lift on L ft (ct 1); step fwd on R ft (ct &); lift on R ft (ct 2); step fwd on L ft (ct &).
- 2 Rock back on R ft (ct 1); rock fwd on L ft (ct &); step fwd on R heel, beginning CCW turn (ct 2); continuing turn, step fwd on L ft (ct &).
- 3 Step fwd on R ft (ct 1); step fwd on L ft but behind and to R of R ft (ct &); step fwd R,L (cts 2,&).
- 4 Step fwd on R ft but behind and to L of L ft (ct 1); step fwd on L ft (ct &); step fwd on R heel beginning CCW turn (ct 2); continuing turn, step fwd on L ft (ct &).
- 5-8 Repeat meas 3-4 twice.
- Note: Meas 1-2 are a transitional step.

MEN'S SOLO STEPS The following steps are done by the men when breaking away from the women. They are often done in the Fecioresti (young men's) dances or during the Invirtita. During this part of the dance the women continue the basic step from side to side.

TRAVELLING STEP

- Travelling in a circle of M with arms held up.
- 1 Lift on R ft, raising L ft slightly to L side (ct 1); step fwd on L ft with accent (ct &); lift on L ft, raising R ft slightly to R side (ct 2); step fwd on R ft with accent (ct &).
- 2 Jump onto both ft, ft slightly apart and knees slightly bent (ct 1); leap fwd onto L ft (ct 2); leap fwd onto R ft (ct &).
- 3-8 Repeat meas 1-2 three times.

REST STEP IN PLACE

- 1 Lift on R ft (ct 1); step fwd on L ft (ct &); lift on L ft (ct 2); step back on R ft (ct &).
- 2 Jump onto both ft (ct 1); leap onto L ft in place (ct 2); step fwd on R ft with accent (ct &).
- 3-8 Repeat meas 1-2 three times.

REST STEP II

- 1 With wt on R ft and knee bent, touch L toe slightly to L, L knee turned out (ct 1); with knees still bent, tap L toe slightly in front of R ft, L knee turned in (ct &); hop on R ft and straighten L leg fwd (ct 2); step on L ft beside R ft with knees bent (ct &).
- 2 Repeat meas 1 with opp ftwk.
- 3-4 Repeat meas 1-2
- 5 Repeat meas 1.
- 6-8 See Closing Figure below.

REST STEP III

- 1 Bend R knee (ct 1); tap L heel, knee turned out, in front and slightly L of R ft (ct &); tap L toe, knee turned in, in front of R ft (ct 2); kick L ft fwd, knee straight (ct &).
- 2 Repeat meas 1 with opp ftwk.

continued..

INVIRTITA (Continued)

- 3-4 Repeat meas 1-2.
 5 Repeat meas 1.
 6-8 See Closing Figure below.

CLOSING FIGURE

- 1 Close ft together (ct 1); clap hands together at shldr level (ct &); lift on L ft and slap R hand against raised R outer heel (ct 2); close R ft to L ft (ct &).
 2 Clap hands together at shldr level (ct 1); lift on L ft and slap R hand against raised R outer heel (ct &); leap onto R ft in place (ct 2); leap onto L ft in place (ct &).
 3 Lift R leg fwd and high and slap R hand against R inner boot top (ct 1); hold (ct &); step on R ft beside L ft (ct 2); close L ft to R ft (ct &).

SLAPPING FIGURESFIG I

- 1 Lift on L ft raising R ft to R side and clap hands together (ct 1); slap R hand against R outer boot heel (ct &); step on R ft beside L ft (ct 2); close-click L ft to R ft (ct &).
 2 Repeat meas 1 with opp hand and ftwk.
 3-4 Repeat meas 2-3 of Closing Figure.
 5-8 Repeat meas 1-4.

FIG II.

- 1 Lift on L ft raising R ft to R side and clap hands together (ct 1); slap R hand against R outer heel (ct &); leap onto R in place and clap hands together in front (ct 2); slap L hand against L outer heel (ct &).
 2 Close L ft to R ft (ct 1); clap hands together in front (ct 1); slap R hand against R outer heel (ct 2); close R ft to L ft (ct &).
 3-4 Repeat meas 2-3 of Closing Figure.
 5-8 Repeat meas 1-4.

FIG III.

- 1-2 Repeat meas 1-2 of Fig I.
 3 Turning 360° CCW (to L), hop on L ft and clap hands together in front (ct 1); slap R hand against R outer boot heel (ct &); hop on L ft and clap hands together in front (ct 2); slap R hand against R outer heel (ct &).
 4 Step slightly fwd on R ft (ct 1); bring L ft fwd and through to front (ct &); leap onto L ft in place and slap R hand against R inner boot top up in front (ct 2); close R ft to L ft (ct &).
 5-8 Repeat meas 1-4.

FIG IV.

- 1 Slap R hand against R inner boot top (ct 1); leap onto R ft in place and slap R hand against L inner boot heel behind R leg (ct &); hold (ct 2); leap onto L ft in place and slap R hand against R outer heel (ct &).
 2 Close R ft to L ft, knees slightly bent (ct 1); bounce on both ft (ct &); slap R hand against R inner boot top (ct 2); close R ft to L ft (ct &).
 3-8 Repeat meas 1-2, three times.

Continued...

INVIRTITA (Continued)FIG V.

- 1 Slap R hand against R outer heel (ct 1); repeat (ct 2); close R ft to L ft (ct &).
- 2 Repeat meas 1 with opp hand and ftwk.
- 3-4 Repeat meas 1-2 of Fig IV.
- 5-8 Repeat meas 1-4.

MEN'S CLICKING FIGURE

During this step the W stand still and men place their hands on women's shoulders.

Transition: On last Basic step meas 2: bounce on both ft (cts 1,2,&)

- 1 Click heels together in air (ct 1); land with ft slightly apart (ct &); repeat (cts 2,&).
- 2 Bounce on both ft (ct 1); click heels in air (ct &); bounce twice on both ft (cts 2,&).
- 3-8 Repeat meas 1-2 three times.

NOTE: A sequence will be decided at the teaching session depending on how far we get.

Presented by Stephen Kotansky