

ÎNVÎRTITA de la SIBIU

Învîrtita de la Sibiu (In-vehr-TEE-tah deh lah See-BYOO) comes from Sibiu, a town in South Transylvania. It was introduced

by Eugenia Popescu-Judetiz of Romania. The Învîrtita is a turning dance usually done in couples, but Madame Popescu-Judetiz tells us that the young people in that area also like to do this dance in small circles of two to four couples.

RECORD!

Romanian Folk Dances - Folkraft F-LP 33 Side A, Band 9

FORMATION: 1. Cpls in random arrangement about room. Ptrs are facing in shoulder-waist pos.
2. Small circles of 2 to 4 cpls, hands joined in a Back Basket Hold (arms pass behind back of adjacent dancers to clasp hands with second dancer on either side.) Joined hands are high (rib cage area) on neighbor's back. All face ctr of the small circle.

STEPS AND STYLING:

Heel Lift: With wt on designated ft, lift heel off floor. This could be called a modified hop.

Description same for M and W.

MUSIC 2/4

PATTERN

Measures

NO INTRODUCTION

I. SIDE STEPS

- 1 Moving in own CCW circle, step on R to R side (ct 1); step L next to R (ct 2); step on R to R side (ct &).
- 2 Continuing, step L next to R (ct 1); step on R to R side (ct &); step L next to R, no wt (ct 2).
- 3-4 Repeat action of meas 1-2 but reversing direction and ftwork.
- 5-8 Repeat action of meas 1-4.

II. CROSSING STEPS

- 1 Moving in own CCW circle, step on R to R side (ct 1); step on L in front of R (ct 2); small step on R to R side (ct &).
- 2 Continuing, step on L in front of R (ct 1); small step on R to R side (ct &); step on L in front of R (ct 2); small step on R to R side (ct &).
- 3-4 Repeat action of meas 1-2 (Fig II) but reversing direction and ftwork.
- 5-8 Repeat action of meas 1-4 (Fig II).

Continued...

III. TURNING STEPS

If dancing in cpls, make 4 CCW turns during meas 1-8. Adjust shoulder-waist pos by moving a little to own R (L hips are closer together but not adjacent). M may put R hand on W L upper arm. If dancing in small circles, turn body to look a little L of LOD. Because of more people, it will not be possible to make 4 CCW turns. After the first 2 walking steps all steps are small.

1-8

Dance pattern cuts across the meas so for clarity it is described in 16 cts (8 x 2). All movement is CCW (LOD). Walk R,L (cts 1,2). Heel lift on L (ct 3). Step R (ct &); L, bending knee a little (ct 4). Heel lift on L (ct 5). Step R (ct &); L (ct 6); R (ct &); L, bending knee a little (ct 7).

Repeat action of meas 3-7 (cts 8-12). Heel lift on L (ct 13). Step R (ct &); L, bending knee a little (ct 14). Heel lift on L (ct 15). Step R (ct &); L (ct 16); R (ct &). When dancing in cpls, make 1 CCW turn on cts 1-4. Make 2 more turns on cts 5-12. Make the 4th turn on cts 13-16.

9-16

Repeat action of meas 1-8 (Fig III) but reversing direction, pos and ftwork. If dancing in cpls make 4 CW turns. Repeat dance two more times. On very last turn CW omit cts 15, &, 16, &. Instead, step on L (ct 15) and hold.