Presented by Larisa Lucaci

JIANU (Lyandary Hero) (Romania) 2SHYA'-NOO

MUSIC:

Folk Dancer MH 1122.

FORMATION:

Join hands in a circle. Hands are down, swinging forward: and backwards during the small flying steps and one bigger swing from forward to back during the leap.

THE DANCE

Part 1:

All face to the Right in the line of direction. Starting with the Right foot, take a small step to the Right (ct. 1); small step with the Left foot up to the Right (ct. &); small step with the Right foot to the Right (ct. 3); pause (ct. &). It is a two-step: Right, Left, Right. Continue to the Right one more two-step beginning with the Left foot: Left, Right, Left. You now have the Right foot free with which you do a leap sidewards, while facing the Center and swinging the arms in a wide swing, and placing the Left foot behind the Right foot.

This step to the Right continues until one of the dancers calls for the change of direction, thus: on the leap with the Right foot, shout with the rhythm of the dance, "Si la stanga si" (she lah stinga she), upon which the circle continues to do one more two-step with the Right foot to the Right; one two-step starting with the Left foot toward the Center of the circle; and one two-step in the new direction, i.e., to the Leftpr clockwise, starting with the Right foot. Now you have the Left foot free for the leap with the Left foot to the Left, placing the Right foot drrey-ahptah behind the Left.

Continue the dance toward the Left until someone shouts, "Si la dreapta, si, si, " The changes in direction can be done often which makes the dancers alert and the dance look very lively.