

JONATI (My Dove)

Pronunciation: Yo - nah - tea. This couple dance was choreographed by Rivka Sturman. The music was written by S. Biederman; lyrics are from the Song of Songs.

MUSIC: Record: "Dance with Rivka" Tikva, T 98. Mixed meter, 4/4 and 3/4.

FORMATION: Circle of ptrs, M on inside. Face ptr with inside hands joined, waist height.
Footwork is written for M; W use opposite ft.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
	1 4/4)	Introduction
	1 3/4)	
A 1	1	<u>PART I:</u> Measures 1 and 3 are 4/4; measures 2 and 4 are 3/4. Step R in place, bending knee slightly.
	2	Turning to move in LOD (CCW), step fwd L, moving side by side.
	3	Continue in LOD, side by side, step fwd R.
	4	Step on L to L (CCW), turning to face ptr.
2	1	Facing ptr, take light leap on R (RLOD)
	2	Cross L ft in front of R, W turning body to face RLOD and bring outside hand up to chest height (elbow bent).
	3	Bring R ft near L, bending both knees sharply, and keeping R ft flat and parallel to floor at ankle height. Head and body are held erect.
3	1-4	Repeat action of meas 1, cts 1-4.
4	1	Take light leap bkwd on R (ptrs move away from each other keeping hands shoulder high), bending R knee. L ft remains in place.
	2	Step fwd onto L, transferring wt and straightening body with an upward impulse over L ft.
	3	Bring R ft near L, bending both knees sharply, keeping R ft flat and parallel to floor at ankle height. Head and body are held erect.
5-8		Repeat action of meas 1-4.
		<u>PART II</u> (meas 1-4 are 4/4; meas 5 is 3/4)
B 1	1	Facing ptr, step on R, bending knee.
	2	Step L in place, smoothly straightening knee.
	3	Remain face to face, step R across L, moving LOD.
	&	Step to L on L toe.
	4	Step R across L, moving LOD. Finish with M R shoulder adjacent to W R shoulder, free arms slightly outstretched at waist height. Ptrs lean twd each other.
2		Begin L, move CW one full circle around each other:
	1	Step on L, moving fwd and beginning to circle around ptr.
	2	Step on R, continuing circle
	3&4	With one two-step (L R L), complete circle to original pos. Make action flirtatious and playful.
3	1-4	Repeat action of meas 1, Part II (cts 1-4).

Continued...

JONATI (continued)

- 4 1, 2, 3 With 3 walking steps (L, R, L) change places with ptr,
R hands joined, moving CW
- 4 Face ptr and take a small step back (M R, W L) in a
rocking manner.
- 5 1, 2, 3 With 3 walking steps (L, R, L) return to original pos.
Finish face to face.
- Dance repeats from the beginning. W gives L hand to
ptr.

Presented by Rivka Sturman