

YOVANO, YOVANKE
Macedonian Circle Dance
Record FOLK DANCER MH 3055

YOVANO YOVANKE

Yovano Yovanke

Danced in the town of Krushevo, also known as "De Marro Selfio". The 7/8 rhythm of the dance is most easily broken down into a "slow, quick, quick" pattern. The dance consists of two steps, each of which takes three measures.

FORMATION: Broken circle, arms on neighbor's shoulders. Sometimes when the dance is done with boys and girls separated in the circle, the men have hands on shoulders, but the girls hold hands only with bent elbows at about shoulder height.

STEP NO. 1. Done during the staging of text)

- Meas 1.**
- ① Step Right with Right foot, turning slightly to Right
 - 2 Slight lift on Right toe, bringing Left foot forward ready to step.
 - 3 Step on the Left foot with full weight on it.
- Meas. 2.**
- ① Step Right with Right foot, turning to face center.
 - 2 Swing Left foot up in front (men higher than women) knee bent, rising up on Right toe, and then coming down on Right foot again.
 - 3 Keep Left knee where it is, rise up again on Right foot and then come down on it again.
- Meas. 3** Same movements as in Meas. 2., but with opposite feet:
- ① Step Left with Left foot.
 - 2 Swing Right foot up in front rising on Left toe and then coming down on Left foot again.
 - 3 Keep Right knee where it is, rise up on Left foot again; then come down.

STEP NO. 2. Done during instrumental interlude.

- Meas. 1**
- ① In place step on Right foot
 - 2 In place step on Left foot
 - 3 In place step on Right foot
- Meas 2**
- ① Moving toward center, step with Left foot
 - 2 Moving toward center, step with Right foot
 - 3 Moving toward center, step Left foot down beside Right foot.
- Meas 3**
- ① Step obliquely Right/back with Right foot
 - 2 Place Left foot behind Right a bit to the Right
 - 3 Put whole weight on Left foot

Note. Step No. 1 is done for 21 measures; step No 2 is done for 9 measures.

NOTE: The circled numbers are the "slow" steps in the "slow, quick; quick" pattern.

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