

# Kadrel

(Estonia)

Kadrel is a quadrille dance from Setumaa (an old-fashioned cultural area in southeastern Estonia with orthodox religion and its own strong language dialect. About half of the Setus live on the Russian side of border.

Pronunciation:

Music:

2/4 meter

Formation: Square of four couples.

Styling: Each part is danced first with head cpls and then with side cpls. After each part of the dance, there is a short break in the music. At the end of each part, W gives her hand to M, who claps against it. The number of steps is not even.

Meas

Pattern

## PART I

- 1-4 Cpls change places, W passing in the middle, and swing ptrs in opp place.
- 5-8 Repeat meas 1-4.
- 9-12 W change places and swing opp M.
- 13-16 Repeat meas 9-12.
- 17 With inside hands joined, change places with ptr, passing W in front of M and on to next M.
- 18-20 Repeat three more times to return to orig place.
- 21-24 Swing ptr.
- 25-32 Repeat meas 17-24.
- 33-40 Join hands and circle R (CCW) all the way around.
- 41-44 W turn under M's hand and swing until end of music.

## PART II

- 1-2 Individual turn away from ptr, M to R, W to L.
- 3-4 Swing ptr.
- 5-8 W change places and swing opp M.
- 9-12 Repeat meas 5-8.
- 13-16 M bow to opp M and swing ptr.
- 17-24 M change places and swing opp W.
- 25-28 M change places and swing ptr.
- 29-56 Repeat meas 9-24.

## PART III

- 1-12 Keeping inside handhold with ptr, W run fwd and hook R elbows with opp and cpls turn around once and a half to end in opp places.
- 13-16 Pass through to orig places and swing.
- 17-32 Repeat meas 1-16.

## Kadril—continued

PART IV

- 1-4 W1 turn under ptr's arm and swing ptr.
- 5-8 W1 and opp M go into ctr, and facing back to back, bow.
- 9-12 Return to place and swing ptr.
- 13-24 W2 and opp M repeat bowing figure.
- 25-48 Repeat meas 1-40.

PART V

- 1-4 W1 turn under ptr's arm and swing ptr.
- 5-8 W1 run to opp M and M1 dances improvised steps as others watch.
- 9-12 M1 dances across to W2 as M2 and W1 move across the set and both cpls swing.
- 13-16 M change to own ptrs and swing.
- 17-32 Repeat meas 1-16 with W2 active.
- 32-64 Repeat meas 1-32.

PART VI

- 1-8 Ptrs standing side by side, M R arm on W waist, L hands joined in front, promenade all the way around CCW.
- 9-12 W turn under M's arm and swing.
- 13-24 M move on to next W and repeat meas 1-12.

Part VI can be danced with two couples across the set, or in a bigger circle with M always moving on to next W.