

# Quadrille - Polka

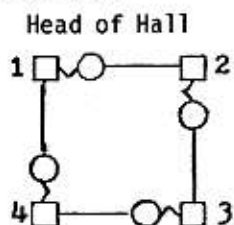
(Russia)

Quadrille (kah-DREEL) was learned by Alexandru David from the Beryozka Dance Ensemble of the U.S.S.R. in Moscow in May, 1979 and introduced by him at the 1979 University of the Pacific Folk Dance Camp.

RECORD: "Barinya-Russian Folk Dances". S-A, B-6 2/4 meter.

FORMATION: 4 cpls in a large square (10 to 12 ft on each side if space permits), numbered  
CW. Each M stands on a corner of the square, facing CW, M #1 L shldr twd head of  
hall. W face ptr. R hands joined low in a handshake hold. W L hand is either  
at side or on skirt. M L fist behind back. M bend fwd from waist.

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STEPS: Open ballroom pos: Ptrs side by side facing in same direction, W to R of M, with M R arm around W waist. W L hand on M R shldr. M L and W R hands joined.

Closed ballroom pos: Same as open ballroom pos but ptrs are facing, shldrs parallel.

Two-step: Step sdwd on L (ct 1); step on R close to L (ct &); step on L turning 1/2 CW (ct 2); hold (ct &).

Step alternates.

Unless otherwise indicated, take one walking step on each ct (2 steps per meas).

STYLING: The dance is a humorous parody of formal quadrilles as performed by "society", and should be danced in a light-hearted manner.

MUSIC 2/4

PATTERN

Measures

4 meas INTRODUCTION - no action

## I. FORWARD AND BACKWARD ON SIDES OF SQUARE

When moving fwd, touch toe of free ft behind heel of supporting ft; when moving bkwd touch toe of free ft in front of toe of supporting ft; knee turned out in each case. Shake joined hands up and down throughout Fig I.

Action described for M. W use same ftwk but move in opp direction.

1-2 Walk fwd R,L,R (cts 1,2,1); touch L (ct 2).

3 Step bkwd on L (ct 1); touch R (ct 2).

4 Step fwd on R (ct 1); touch L (ct 2).

5-8 Repeat action of meas 1-4 with opp ftwk and direction.

9-16 Repeat action of meas 1-8.

## II. TRAVEL CW AROUND SQUARE

Continue to shake hands up and down.

1-3 M: Beg R, walk fwd 6 steps along side of square.

4 Turn 1/4 CW to face new direction, stepping R,L,R (cts 1,&,2). Turn is done sharply on ct 1.

5-16 Repeat action of meas 1-4 (Fig II) three more times (4 in all), alternating beg ft. On meas 16 omit 1/4 turn CW. M leave ptr on corner.

*con finished...*

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- (1-4) W: Beg R, walk bkwd 8 steps. Turn 1/4 CW at end of 6th step so as to move in the new direction on the 7th and 8th steps.
- (5-16) Repeat action of meas 1-4 (Fig II) three more times (4 in all). On meas 16 omit 1/4 turn CW.

III. MEN'S SOLO

During Fig III and Fig IV, cpls #1 and #2 work together as opposites; #3 and #4, the same. W stand on corner of square facing opp W.

Opp M move twd each other, using first 8 meas to meet.

M #2 and #4 must turn R to face opp M on ct 1 of meas 1.

Hands on back of hips, palms out.

- 1 In place, step on R, turning body slightly to L (ct 1); stamp L beside R, no wt (ct &); step on L, turning body slightly to R (ct 2); stamp R beside L, no wt (ct &).
- 2 In place, stamp R,L,R (cts 1,&,2).
- 3 Step diag L fwd on L ft with plie', R ft remains in place (ct 1); brush R ft diag twd back of L leg (ct &); hop on L (ct 2); touch R toe back of L ft (ct &).
- 4 Hop on L (ct 1); step R,L (cts &,2).
- 5-8 Repeat action of meas 1-4 (Fig III). As M meet, place L hand on L shldr of opp M; R hand extended to side, palm up. M is facing opp W.
- 9-11 With knees deeply bent, beg R, turn CCW 1 1/2 times with 6 steps to end facing ptr. On meas 10 beg to bring R hand twd head so that by meas 11 palm is on back of head.
- 12 Do a full squat (ct 1); recover with wt on L ft (ct 2).
- 13-14 Release hand hold. Beg R, walk 4 steps twd ptr L side.
- 15 Step on R with plie', looking at ptr (ct 1); extend L heel to L side, R arm high, L arm extended down and sdwd (ct 2). W acknowledges ptr with a bow from waist.
- 16 Resume erect posture closing L to R (ct 1); place hands at small of arched back, palms out (ct 2).

IV. WOMEN'S SOLO

M stand on corner of square facing opp M.

Opp W move twd each other to pass by L shldr and advance twd opp M. W may hold skirt.

- 1-2 Beg R, walk 4 steps to meet opp W.
- 3 Step on R (ct 1); touch L toe behind R ft (ct &); hold (ct 2); touch L toe again (ct &). Acknowledge opp W during meas 3 and 4.
- 4 Step slightly bkwd on L (ct 1); brush R ft across L instep, heel leading (ct 2).
- 5-6 W: Beg R, walk 4 small steps twd opp M. Stop about 3 ft in front of him.  
M: Stamp R ft strongly 3 times as W approaches.  
Both: On ct 2 of meas 5 and ct 1 of meas 6 the R hand sweeps outward to the R side at shldr level. On ct 2 of meas 6 place R palm on own chest.
- 7 Raise R hand high and lower it twd opp (ct 1); take handshake hold, arms straight, shake hands (ct 2).
- 8 Shake hands again and immediately release hands (ct 1); W hop on L making 1/2 turn CCW, kicking R ft up in back (ct 2). M place hands at small of back, palms out.
- 9-15 Repeat action of meas 1-7 (Fig IV) returning to ptr, passing R shldr with opp W.

*Continued...*

16 Omitting second handshake, ptrs assume open ballroom pos, joined hands pointing diag R of ctr of square, ready to travel CCW around inside of square. Bend fwd at hips.

V. TRAVEL CCW AROUND INSIDE OF SQUARE

Ftwk described for M, W use opp.

1-4 Beg L, with 8 steps move diag fwd twd ctr to quickly form a small circle; then continue moving CCW.

5-8 Continuing to travel CCW, step on L ft (ct 1); stamp R heel beside L (ct &); repeat, alternating ftwk, for a total of 8 times. Shake joined hands up and down. Body is held loosely and shakes along with the hands.

9-14 In closed ballroom pos, dance 6 two-steps, making 3 CW turns continuing to move CCW around the circle. M are in a semi-squat pos, W are erect. Circle will of necessity widen out. At the end of meas 14 each cpl should be close to (but not past) own orig corner, having completed at least two revolutions.

15-16 Beg L, with 4 walking steps return to orig place and pos. M take no wt on last step.

Dance repeats three more times (4 in all).

