

BY A SPRING (HOROVODNAYA PLIASKA)¹⁷
(Russia)

SOURCE: "By A Spring" (Horovodnaya Pliaska) is a Russian Wedding Dance performed by women. Dance comes from Yaroslav region of central Russia. Described in "Tantzi Narodov", Edition I, published in U.S.S.R.

MUSIC: Record: Folk Dances-Songs COLOSSEUM CRLPX 013 Side A, Band 10.
Russian Folk Songs STINSON SLP 1003 Vol 4, Side A, Band 6.

FORMATION: Closed circle of W almost facing LOD (CCW). Join hands & hold down. Heads are bowed.

STEPS: Basic Step: Takes 2 cts to complete 1 step, so 3 steps are done in 2 Meas. In preparation for step, bend L knee on upbeat of Meas 1 & start reaching fwd with R ft. Step fwd R in LOD (ct 1). Step on ball of L next to R instep (ct &). Step fwd R in LOD (ct 2). Bend R knee & extend L leg diag fwd R, toe close to floor (ct &). Head & body are inclined twd extended ft. Repeat of step starts with L on ct 3 & also uses ct 1 of next Meas.

MUSIC 3/4

PATTERN

Meas

- 4 INTRODUCTION: No action.
- 1-2 Dance 3 basic steps in LOD starting R (begins with vocal).
- 3 While turning to face ctr, move extended L leg in small arc to L & step on it (ct 1). This would be same as "step to L side with L" if dancer had been facing ctr at start of movement. Step R behind L, bending knees (ct 2). Close L to R (ct 3). Head & upper body follows dir of movement.
- 4 Still facing ctr, step to R side with R (ct 1). Step L behind R, bending knees (ct 2). Close R to L (ct 3). Head & upper body follows dir of movements. On upbeat, bend R knee & start reaching with L to move in RLOD.
- 5-8 Repeat action of Meas 1-4 but starting L & moving in RLOD. Face ctr for Meas 7-8.
- Repeat action of Meas 1-8 until end of music.

Presented by Anatol Joukowsky
Idyllwild Workshop - 1972