

KALADŽOJ

Albania

An Albanian dance, the title comes from the word "kölç" or sabja polo-kruk, (half-circle) in Macedonian, describing the crescent moon-shape of the sword.

RECORD: Songs & Dances of Yugoslavia, AK-006 (LP), Side 2, Band 3.

FORMATION: Mixed or separate lines facing ctr, hands joined at shldr ht.

RHYTHM: 12-16 counted: $\frac{1,2,3}{1}$ $\frac{4,5}{2}$ $\frac{6,7}{3}$ $\frac{8,9,10}{4}$ $\frac{11,12}{5}$

STYLING: Correct styling is most important and when done well makes a very beautiful dance. The body is bent fwd during the steps done in place, resuming an upright pos for the traveling steps. Knees are flexible, leading a loose and graceful bounce to the steps. When the R ft extends outward, the L shldr is held back, and the whole torso sways with the movement of the ft. When the L ft is fwd, the L shldr also moves fwd.

There are 3 possible positions for the hands: In a mixed line, the "W" hold may be used. In separate lines, W place R hand on hip, or extend the L arm to shldr of W on her L. M use shldr hold, OR: L arm extends straight out to L side in front of R arm of the dancer next to you. It should be just stiff enough to keep you an arm's length away. R arm is bent fwd at elbow and hold close the the body to support the dancer on your R. For the steps in place, W hoop their hands on hips, while M raise R arm twd head when L leg in back and vice versa.

METER: 12/16

PATTERN

Meas.

INTRODUCTION:

1 No action (cts 1-4), with wt on L, lift R in front of L (ct 5).

FIG. I: IN PLACE

1 Stepping R to R, step-bounce twice (cts 1-2); lift L fwd (ct 3); step L fwd of R (ct 4); step back on R, lift L (ct 5).

2 Circle L behind R (cts 1-2); step L behind R (ct 3); cross R over L and bounce twice (ct 4); step back on L (ct 5); lift R fwd (ct &).

3-4 Repeat meas 1-2.

FIG. III: MOVE AND FACE LOD

1 Lift R fwd (ct 1); step R fwd, lead with heel (ct 2); complete step by stepping on complete ft (flat) (ct 3); step L fwd (ct 4); light leap fwd on R (ct 5).

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2 Step R fwd (ct 1); bounce on L (ct 2); step fwd R,L (cts 3-4);
light leap fwd on R (ct 5); step L fwd (ct 6).

Begin dance from beginning.

Presented by Atanas Kolarovski
January 9-10, 1982

Dance notes from San Diego State University Folk Dance Conference, 1977