

## KARAMFIL

- TRANSLATION : "Carnation"
- MUSIC : Record "Folk Dances from Bulgaria - 2"  
Balkanton BHA 11134. Side A. Band 3.  
Record Balkanton BHA 10329. Side I. Band 1.
- BACKGROUND : Pirin, Bulgaria  
*Karamfil* is the name of a *Haiduk* (rebel), mentioned in the accompanying song.
- STYLE : Macedonian.  
Light and on the balls of the feet, slightly bouncy.
- FORMATION : Open- or closed circle. Hands in W-position.
- METER : 7/8 : 1-2-3, 1-2, 1-2. Counted here as:  
1 , 2 , 3
- INTRODUCTION : 8 measures

### MEAS            PATTERN            Part 1

- 1            facing slightly diag R and moving in LOD,  
lift on L ft followed by a step on R ft (ct 1),  
step on L ft (ct 2), step on R ft (ct 3)
- 2            repeat action of meas 1 with opp ftwk
- 3            turning to face ctr, cross and step on R ft in front of  
L ft (ct 1), step on L ft sdwd L (ct 2), cross and step  
on R ft behind L ft (ct 3)
- 4            lift on R ft followed by a step on L ft sdwd L (ct 1),  
cross and step on R ft in front of Lft (ct 2),  
step on L ft in place (ct 3)
- 5-16        repeat action of measure 1-4 three more times

### Part 2

- 1-2        repeat action of meas 1-2 of Part 1, now moving straight  
fwd towards ctr
- 3            lift on L ft followed by a large step on R ft sdwd R (ct 1),  
cross and step on L ft behind R ft, bending both knees (ct 2),  
hold (ct 3)
- 4            step on R ft sdwd R (ct 1), raise L knee in front (ct 2),  
hold (ct 3)
- 5-6        repeat action of meas 1-2, reversing ftwk and direction
- 7            make a full L turn in place with the following steps :  
lift on R ft lollowed by a step on L ft (ct 1),  
step on R ft (ct 2), step on L ft (ct 3)
- 8            facing ctr, lift on L ft followed by a cross and step on  
R ft in front of L ft (ct 1), step on L ft in place (ct 2),  
step on R ft next to L ft (ct 3)
- 9-16        repeat action of meas 1-8 with opp ftwk