

Presented by John Hancock

KASAPSKO HORO

Dance from Macedonia. Alternating men and women in a circle, hands on neighbors shoulders. Six figures are given here, each of which is done four times, in a sequence fitting the record. The music varies in speed throughout the record exclamation at the beginning slowing down toward the middle, and little speeding up again. Start dance after 7 notes. This dance learned from Michel Certier who did extensive research in Bulgaria, Directions from Folk Dance House Kolo Festival Syllabus.

Record: Folk Dancer MH 3054-B

FIGURE I (BASIC STEP)

- 4 times
- | | | |
|---------|-------|---|
| Meas. 1 | ct. 1 | Step R with R ft |
| | ct. 2 | Continue moving R, Stepping on L ft. |
| Meas. 2 | ct. 1 | Step R with R ft |
| | ct. 2 | Swing L leg up across in front of R ft. |
| Meas. 3 | ct. 1 | Step on L ft. |
| | ct. 2 | Swing R leg up across in front of L ft. |

FIGURE II (Turns)

4 times The same as figure 1, but Meas. 1 the steps R-L are done with each dancer releasing hands and making a complete individual turn R (CW). The step-swings are then done with hands on shoulders as in Figure. 1. During turn, hands are on own hips.

FIGURE III

- 4 times
- | | | |
|-----------|-------|--|
| Meas. 1 | ct. 1 | With preliminary step (very light) on ball of R ft to R, step with L ft behind R ft, |
| | ct. 2 | Repeat this movement again |
| Meas. 2-3 | | Same as in Figure I |

FIGURE IV

- 4 times
- | | | |
|-----------|-------|--|
| MEAS. 1 | ct. 1 | Step R with R ft. |
| | ct. 2 | Step Lft behind R ft bending forward from waist. |
| Meas. 2-3 | | Same as in Figure I This figure retards gradually. |

FIGURE V

- 4 times
- | | | |
|----------|-------|--|
| Meas 1 | | Same as in figure I (R-L to the R) |
| Meas. 2 | ct. 1 | Boys kneel toward R-hand girl, going down on L knee and clapping hands. R-hand girl acknowledges the boys' movement with a slight bend toward him. |
| | ct. 2 | Boys rises from kneel, weight on both feet, not moving feet from their positions on the floor, and turns to girl on L. |
| Meas. 3 | ct. 1 | Kneel on R knee to L-hand girl, who acknowledges movement as above rise from kneel. |
| | ct. 2 | Rise from kneel. |
| Meas 4-6 | | One basic step (as under Fig.1) |
- Continued...*

Kasapsko Hero

FIGURE VI

- | | | |
|---------|-------|---|
| Meas. 1 | ct. 1 | Jump landing on both feet, landing with L ft in front of R ft move sideways while doing this to right |
| | ct. 2 | Jump landing on both feet. landing with R ft in front of Lft move sideways while doing this to Lft |
| Meas. 2 | ct. 1 | Step R ft R. |
| | ct. 2 | Swing Lft up in front across R. |
| Meas. 2 | | Pas-de-bascue L&R&L, the R ft stepping in front of L ft. |