
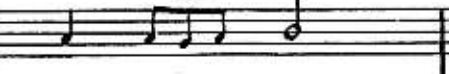





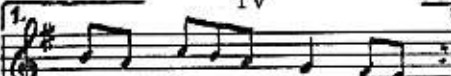
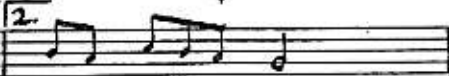
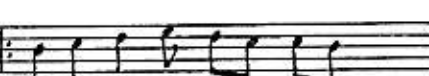




KATUŠE MOME KATUŠE

SKOPJE Region

MACEDONIA

I	II	III
		
		
Lift, step, cross, step	Lift, step, cross, step	Lift, step, cross, step
<p>Lift* on Rft in place swinging Lft slightly in front (1).</p> <p>Step on Lft in place (2).</p> <p>Step on Rft slightly in front of Lft (3).</p> <p>Step on Lft in place (4).</p>	<p>Lift on Lft in place swinging Rft slightly in front (1).</p> <p>Step on Rft in place (2).</p> <p>Step on Lft slightly in front of Rft (3).</p> <p>Step on Rft in place (4).</p>	<p>Lift on Rft in place swinging Lft slightly in front (1).</p> <p>Step on Lft in place (2).</p> <p>Step on Rft slightly in front of Lft (3).</p> <p>Step on Lft in place (4).</p>
		

IV	V	
		
		
Lift, step, step, step	Step, step, cross, step	
<p>Lift on Lft, turning to face slightly right (1).</p> <p>Step forward on Rft (2).</p> <p>Step forward on Lft (3).</p> <p>Step forward on Rft (4).</p>	<p>Continuing, step forward on Lft (1).</p> <p>Step forward on Rft, turning to face center (2).</p> <p>Cross and step on Lft in front of Rft (3).</p> <p>Step back on Rft (4).</p>	



Lift* - A lift starts from a bent knee stance. Straighten R knee raising R heel slightly, (count & before the beat). Bend R knee, lowering R heel (count 1 of the beat). Vice versa for L lift.

Recording: Folk Dancer MH 3055B