

KENDİME

(Turkish)

Kendime (KEN-dee-meh) is from western Turkey and was introduced in the United States by Bora Özkök of Adana, Turkey. Kendime means "To Myself" and the song is about a person and his troubles.

Suggested Grades 5-6 and up
Grade Level:

Record: Boz-ok 101-2 (45 rpm)

Formation: Mixed lines. Hands grasped at shoulder level in "W" pos. Leader at R and end dancer hold handkerchiefs in free hands. Arms move up and down in rhythm to music. The leader carries the line snake-fashion around the floor so that people often face each other by passing by. Shimmying (shaking of upper torso) is part of styling.

Meter: 2/4

MeasPatternINTRODUCTION

Dance can begin at the start of any musical phrase.

THE DANCE

- 1 Facing slightly and moving in LOD (CCW), step fwd on R ft (ct 1). Step fwd on L (ct 2).
- 2 Repeat meas 1.
- 3 Step fwd on R ft and pivot around to face ctr (ct 1). Touch ball of L ft next to R, keeping wt on R (ct 2).
- 4 Step fwd twd ctr on L (ct 1). Raise R knee and touch R ft behind L calf, while bending body bwd (ct 2).

Dance repeats from the beginning.

Presented to the East Baton Rouge
Elementary Physical Education Teachers,
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