

# Kessem Ha'mizrach

## Israel

**Translation:** Eastern magic

**Pronunciation:** KEH-seem hah-mee-zah-RACH

**Dance:** Sefi Aviv

**Music:** A. Gezela

**Meter:** 4/4

**Formation:** Couples in a circle. Footwork is the same for M & W.

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METER: 4/4          PATTERN

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Cts

### INTRODUCTION:

**PART I** - Varsouvienne position facing diag. to R with W to R of M.

1-4 Stamp R to R; hold; step-hop L across R

5-8 Three steps fwd w/R,L,R; hold.

9-16 Yem. L turning to R to face out of circle; Yem. R.

17-24 Rpt. 1-8 beg. w/L facing out of circle.

25-28 Yem. R.

29-32 Release L hands. W: Turn 3/4 turn to R w/L,R,L.

M: turns to face L w/L,R,L so that both end facing center w/W behind M. Hold and release hands.

**PART II** - Face center w/W behind M. Hands are free.

1-4 Step R to R; hold; step L across R; hold.

5-8 Rpt. 1-4.

9-16 Turn to R w/2 step-tog-steps R & L. W turns in place. The M circles her CW. End with M behind W.

17-24 Rpt. 1-8

25-32 Rpt. 9-16. End in one circle w/W to R of M, all facing center.

**PART III** - Face center, in one circle.

1-8 Rpt. Part II, cts. 1-8

9-10 Step R to R; L to L.

11-12 Hop on R to L; hold.

13-14 L to L; R across L

15-16 L to L; stamp R next to L.

17-18 Step R to R; L to L.

19-20 Touch R heel fwd; touch R toes fwd.

21-24 Leap onto R fwd; step L fwd; close R to L; hold.

25-32 Rpt. 17-24.

33-40 4 bending steps bwd beg. w/R. Clap on each bend.

41-44 Yem. R.

45-48 Join inside hands w/partner. 3/4 turn to L tog. w/step-tog-step L. Face CCW.

49-64 M: enwraps W to his R and joins his L hand to her R. In this position, 4 Yem steps beg. w/R moving fwd.

Instructions translated by Honey Goldfein-Perry

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