

KOHANOCKHA  
Russian Ballroom Dance

## STARTING POSITION-

Couples facing counter-clockwise, Woman on partner's right, inside hands joined, outside foot free.

## MEASURES

## Music A

## I.

1 - 2 TWO BALANCE OR PAS de BASQUE STEPS FORWARD (Leap, Step, Step; Leap Step, Step), starting with the outside foot, progressing counter-clockwise, turning slightly "back to back" then "face to face" with partner as joined inside hands are swung forward then backward.

3 - 4 ONE OUTWARD TURN AWAY FROM PARTNER with three Walking steps, ending with a Stamp. Swing joined inside hands forward releasing hands and turn away from partner with one outward turn while progressing counter-clockwise with three steps, starting with the outside foot, ending with a Stamp on inside foot. Finish facing partner and re-join inside hands.

5 - 8 REPEAT pattern of Measures 1-4, continuing counter-clockwise. Finish in Varsouvienne position, Left foot free.

## Music B

## II.

Couples in Varsouvienne position, Left foot free.

1 - 2 BALANCE FORWARD AND BALANCE BACKWARD stepping forward on Left foot and backward on Right foot.

3 - 4 TWO POLKA STEPS FORWARD starting with Left foot free. The Polka is danced smoothly, without a hop, similar to the Two-Step.

5 - 8 REPEAT pattern of Measures 1-4. Finish facing partner.

## Music C

## III.

Partners facing.

1 CLAP, CLAP. Clap own hands twice, "cymbal style", moving hands vertically upward and downward, clapping as hands pass.

2 - 4 THREE POLKA STEPS BACKWARD moving a short distance AWAY FROM PARTNER, Man's arms folded across in front of his chest, Woman's hands on hips (knuckles on hips, elbows forward).

5 - 8 CLAP, CLAP - THREE POLKA STEPS FORWARD, PASSING PARTNER by right shoulder. Accent the third Polka step with Stamps.

1 - 4 CLAP, CLAP - THREE POLKA STEPS BACKWARD again PASSING PARTNER by right shoulder.

5 - 8 CLAP, CLAP - PAUSE - TURN AWAY WITH ONE OUTWARD TURN. Clap own hands twice, "cymbal" style (measure 5), Pause (measure 6), then make one outward turn away from partner while progressing counter-clockwise with two Polka steps.

Repeat entire dance.

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