

POLKA KOKETKA (Old-time Russian)

Record: Folk Dancer MH 1060

Formation: Couples in a circle, in "Varsouvienne" position
(boy stands on girl's left side and holds girl's left hand in his left hand, her right in his right, she bends elbows and holds hands up).

Part I: Kick and turn

With weight on left foot (boy and girl use same feet throughout dance) swing right foot in an arc forward and then in toward left leg, with sole of right foot parallel to left shinbone; hop on left foot at same time. Then kick right foot straight forward, with toe pointing down and foot close to ground; hop on left foot at same time. Then take one polka step, beginning with right foot, turning in place to face clockwise. Do not change position of arms; girl is now on boy's left side.

Repeat same action, with left leg kicking in and out. Turn to face counterclockwise around the circle.

Part II: Forward polka

Take four running polka steps* forward.

Part III: Kick and turn

Repeat Part I.

Part IV: Turn polka

Take four running polka steps; man moves forward and girl turns, to her right, under the raised, joined right hands.

Repeat all.

* See special instructions.

Instructions by Dave Rosenberg, P.O. box 7592, Washington, 4, D. C.