

KOKOTEK  
(Poland)

Source: Kokotek (The Little Chick) is a dance from Upper Silesia. It has been made popular in this country by the Polish Folk Art and Dance Group. Permission has been given by this group to reproduce Kokotek in this form.

Record: Folkraft 1010B "Kokotek Dances of Poland" Album

Formation: An even number of cpls in a double circle, M on the inside facing their ptr. Ptrs have R hands joined; L arms are held at the sides.

Steps: Step-close\*, Run\*, Jump\*, Step Swing\*  
\*Described in Folk Dances From Near and Far

Measures      Pattern  
(2/4)

4 meas      Introduction  
Stand in place for a short introductory phrase of 4 meas.

I.

1      Starting with M L, W R ft swd to M L (ct 1), draw free ft to a closed pos (ct &). At the same time move R arms in an arc up and to the L, accentuating the motion of the arms with the motion of the entire body. On ct 2 swing R arms back to starting pos.

2      Repeat action of meas 1.

3 - 4      Point the toes fwd twd ptr, lightly placing the ft on the floor R L R. Pause (2nd half of meas 4).

5 - 6      Ptrs hook R elbows and lean away from each other, L arms are curved overhead, palms turned upward. Take 8 small running steps CW, making one complete turn.

7 - 8      Repeat action of meas 3-4 (pointing the ft twd ptr R L R).

1 - 8      Repeat the action of meas 1-8 (Fig I).

(repeated)

II.

1      Stamp on R ft and swing L fwd and to the R. Hands on hips.

2      Stamp on L ft and swing R fwd and to the L.

3      Repeat the stamp with the R and swing with the L ft fwd and to the R.

4      Stamp with the L ft placing it close to the R, and bow low at the waist.

5 - 8      Repeat the action of meas 1-4.

9 - 10      Take two steps bwd from the ctr of the set, arms swinging naturally at the side. Stamp on third step (ct 1) and pause (ct 2 of meas 10).

*continued.*

## KOKOTEK (CONT.)

<u>Measures</u>	<u>Pattern</u>
11 - 12	Repeat the action of meas 9-10, moving twd ctr of set with 2 steps, stamp and pause.
13 - 14	Turn in place to the R with 3 walking steps giving a light stamp on the third. Pause (ct 2 of meas 14).
15 - 16	Repeat action of meas 13-14 turning to the L.
17 - 18	Move bwd from the set with 3 light jumps and pause.
19 - 20	Move fwd twd ctr of set with 3 light jumps and pause.
21 - 22	Take 3 light jumps making one turn to the R.
23 - 24	Take 3 light jumps making one turn to the L. After the last jump, pause in a "deep knee bend" pos, torso straight and R hand joined with ptrs R, until music resumes. Repeat dance at will. Record plays the music for the dance 3 times.

Notes courtesy of the Folk Dance Federation of California  
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