

KOKOTEK

Poland

Kokotek was presented by Vyts Beliajus at a Statewide Folk Dance Institute in Long beach in 1954. This version was learned by Lucy Wnuk in Poland in 1963 from Agnieszka Sadzimir, folk instructor at the Cultural Center in Warsaw. Kokotek means "the chick" and is pronounced Koa-koa' tek.

MUSIC: Folkraft 1010B "Kokotek" (should be played faster)

FORMATION: Cpls in a double circle, M backs to ctr facing ptr; M R hand holding W L hand; free hands on hips.

STEPS: Step*, Leap*, Walk*, Jump*

* Described in volumes of "Folk Dances from Near and Far" published by the Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, California.

Notes by Dick Oakes

MUSIC 2/4

PATTERN

Measures

1-8

INTRODUCTION

I. POINTS AND TURNS

- 1 M - step on L to L in LOD (ct 1); step on R next to L (ct 2).
W - step on R to R in LOD (ct 1); step on L next to R (ct 2).
- 2 Repeat action meas 1.
- 3 Release hands and place them on own hips. Step on L in place, pointing R toe fwd on floor. (ct 1); step on R in place, pointing L toe fwd on floor (ct 2). These steps are done more as slight leaps rather than simple steps.
- 4 Jump to both in place (ct 1); hold (ct 2).
- 5 Turning 1/4 CW in place, make small leap onto R bringing L up behind (ct 1); again turning 1/4 CW in place, make small leap onto L bringing R up behind (ct 2).
- 6 Repeat action meas 5.
- 7-8 Repeat action meas 3-4.
- 9-16 Repeat action meas 1-8.

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II. STAR

- 1-4 Cpls form R hand star with neighboring cpl and walk 8 steps CW. Free hand is waved over head on ct 1 of each meas, away on ct 2.
- 5-8 Reverse direction and hand hold and walk 8 steps CCW. Free hand is again waved overhead as in meas 1-4.

III. JUMPS

- 1-2 Ptrs release hand hold and reform double circle facing each other, hands on own hips. Jump to both ft bwd 4 times.
- 3-4 Jump to both ft fwd 4 times.
- 5-6 Jump to both ft 4 times making 1 CW turn in place.
- 7-8 Jump to both ft 4 times making 1 CCW turn in place.
- 9-16 Repeat action meas 1-8.

Repeat entire dance two more times.

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