

KOZOK

(KOH-zohk)

This is a couple dance known all over the mountainous region of Beskid in Śląsk (Silesia), in southwestern Poland. As in many Beskid dances, the name derives from the word koza - the goat, but has nothing to do with the word kozak: the warrior-peasant (the Cossack), or the Ukrainian dance. The music is composed of two melodies in 2/4 time. A song goes with it about a girl who loves to dance the kozok, but is very choosy when it comes to picking her future husband.

Music Record: DR-7167 and RPC-713, "Tańce Śląskie" (Silesian Dances), side B, band 4, (available from Ada Dziewanowska); 2/4 time.

Starting Position: Cpls in a circle, both M and W facing LOD, holding hands with arms crossed in back.

PATTERN

Meas
1-2

INTRODUCTION

FIGURE I: POLKA WITH TWO HOPS

Melody A: (eight meas, twice)
Beginning, M with his L ft and W with her R ft, couple does a flat polka step in LOD; during ct 1 they both lean forward, on ct 2 they straighten.

2 Both hop twice, M on L ft, W on R ft, and swing their other leg forward, knee relaxed.

3-4 Same pattern as meas 1-2 with opposite footwork.

5-8 Same pattern as meas 1-4, except, with the last two hops both M and W do half a turn away from each other (M-CCW; W-CW) without releasing hands.

9-16 Same pattern as meas 1-8 in RLOD; the turn on the last meas will now be CW for the M and CCW for the W.

FIGURE II: TURNING POLKA

Melody B: (eight meas, twice)
1-16 In social dance position, beginning with outside ft and moving in LOD, couple dances sixteen flat polka steps turning CW.



DANCE IS REPEATED FROM BEGINNING

(cont.)

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Introduced by Ada and Jas Dziewanowski
at Carleton College Folk Dance Club
in Northfield, Minn., 1974.

Presented by Ada Dziewanowska
at the Twenty-seventh Annual Northwest Folk
Dance Festival, Enumclaw, Wa., August, 1977.

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