



## PART III CLICK &amp; RUN

- 1 Still facing ctr hop lightly on L ft and click R heel (ct 1), land softly on R ft with strong down accent keeping R knee well bent (ct 2), step across in front of R with L ft so that you start to face LOD (ct 3).
- 2 Continue to progress in LOD while turning to face out (back to ctr) by stepping fwd with R ft (ct 1), turn to face out and step to side with L ft (ct 2), still facing out step across in front of L with R ft (ct 3).
- 3-4 Repeat PART III (meas 1-2) with opposite footwork continuing to move in LOD and end facing ctr.
- 5-16 Repeat PART III (Meas 1-4) three more times.

BREAK

- 1-4 Take 4 slow walk steps to turn R CW once in place.  
REPEAT PART I, II and III.

BREAK

- 1-4 Same as other break except make  $1\frac{1}{4}$  turn to face LOD.

## PART IV BELL STEP AND HEEL FORWARD STEP

- 1 Keeping feet parallel and using the action of the basic mazur step drop onto R ft in place while leaning to R (ct 1), still in bent pos step on L ft to side - still leaning (ct 2) step onto ball of R ft in place (ct 3).
- 2 Repeat PART IV (meas 1) with opposite footwork and lean. Pendulum effect should be felt.
- 3 Moving fwd in LOD hop on L ft and lift R knee in preparation (ct 1), step fwd onto R heel keeping R leg stiff (ct 2) weight still on R heel close L ft to R and take weight (ct 3).
- 4 Repeat PART IV (meas 3).
- 5-16 Repeat PART IV (meas 1-4) three more times, except end facing ctr.

## PART V BALANCE AND TURN

- 1 Using the action of the basic mazur step and turning body slightly to R (CW), step down onto R ft while arm swings to R side at waist level and palm up (ct 1), still in down pos step onto ball of L ft behind R (ct 2), rise up onto ball of R ft in place (ct 3).
- 2 Repeat PART V (meas 1) with opposite footwork and swinging R arm across body at waist level and palm down.

*continued...*

- 3 Perform a  $1\frac{1}{2}$  turn to R (CW) with R arm swinging to R side low with small hop on L ft (ct 1), step with R ft close behind L heel while bending knees (ct 2), continue turn to completion by rotating on the ball of the R ft and the L heel to end with feet parallel (L shoulder twd ctr) facing LOD (ct 3).
- 4 Raise R arm at  $45^\circ$  above shoulder and away from ctr with palm up, while clicking heels 3 times in place.
- 5-8 Repeat PART V (meas 1-4) with opposite footwork and using L arm, except turn is  $1\frac{1}{2}$  to L (CCW) to end R shoulder to ctr facing RLOD and only 2 heel clicks are used.
- 9-16 Repeat PART V (meas 1-8) and hold pose for ending.

Presented by John Hancock  
Idyllwild Weekend - 1973