

Presented by Morley Leyton

KUJAWIAK NIEBIESKI (Blue Kujawiak)

Kujawiak Niebieski (Koo-yah'-vyak Nyeh-byeh'-ski) is a dance for W only. It is a dance based on steps from the National dance style (Tanc Narodowy), arranged by Morley Leyton. This dance was in Let's Dance, November 1970.

MUSIC: MUZA NPO6; MUZA XL0324 B-5: or BRUNO 51038 (Zlociste Lany)

FORMATION: W in circle, facing ctr. Fists on hips, elbows fwd, except when otherwise specified.

STEPS AND

STYLING: Mazur Step: Step fwd on R, bending knees (ct 1). Close L ft to R, bending knees a little more ^(ct 2) as wt is placed on L start to straighten knees (ct 2). Step fwd on R with knees ^{almost} straight (ct 3). Next step starts fwd on L. Step can be done in any direction, or in place or turning.

MUSIC 3/4

PATTERN

Meas

4 meas INTRODUCTION. No action.

I. STEP-CLOSE, MAZUR TURN

1. Step ~~R~~ to R side turning body slightly CW (ct 1), hold (ct 2). Close L to R, no wt (ct 3). This is done very smoothly.
- 2 Repeat action of meas 1 on opp ft, turning slightly CCW.
- 3-4 Do 2 basic mazur steps in LOD completing one full turn CW. Step is soft.
- 5-16 Repeat action of meas 1-4 three more times.

II. "THE STEP"

1. Extend R leg directly fwd, knee straight, and step on R heel, toe turned outward R, The upper body moves in ~~opposition~~ opposition, with L elbow brought fwd (ct 1). Step on L in place (ct 2). Close R back to L (ct 3).
- 2 Repeat action of meas 1 (FIG II) with opp ft and elbow.
- 3 With ft parallel and together, bounce on heels twice (Cts 1,2). Open heels, keeping toes together (ct 3).
- 4 Bend knees, keep heels in place and open toes away from each other (ct 1). Keep body still above the waist. Lift and lower heels twice (cts 2.3).
- 5-12 Repeat action of meas 1-4 (FIG II) twice.

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Kujawiak Niebieski - Continued

- 13-15 Repeat action of Meas 1-3 (FIG II).
16 Repeat action of meas 4 (FIG II) cts 1,2, hold ct 3.

III. HOP-CLICK, AND MAZUR

- 1 Hop lightly on L clicking R heel against side of L (ct 1), travelling in LOD. Land softly with strong down accent on R, R knee well bent (ct 2). Step L across R turning to face LOD (ct 3).
2 Do 1 mazur step in LOD turning 1/4 CW to end with back to ctr.
3-4 Repeat action of meas 1-2 (FIG III) on opp ft, continuing to move in LOD and turning CCW to end facing ctr.
5-16 Repeat action of meas 1-4 (FIG III) three more times.
4 meas BREAK: With 4 steps make one full turn CW in place.
48 meas Repeat action of FIG I,II,III, Meas 1-16.
4 meas BREAK: With 4 steps turn 1-1/4 times in place to face LOD. At end of meas 4 (ct 4) swing R leg to side and do breath-like lift of L heel in preparation for next step.

IV. "LITTLE BELLS" BALANCE & TURN - Focus to ctr.

1. Keeping ft parallel, step R directly under body, bending R knee and extending L to L side (ct 1). Ft still parallel step onto L to L side, both knees bent (ct 2). Close R twd L lifting L leg to L side (ct 3), and do a light lift of R heel (ct 4).
2 Repeat action of meas 1 (FIG IV) on opp ft. On the preceding 2 meas the body should feel like a pendulum, leaning R when ft go L, and L when ft go R. Body is held upright with fulcrum at breast bone. Accent down with knee bend (ct 1) and further accent with additional knee bend (ct 2). Omit preparatory heel lift before next step.
3 Moving in LOD, hop on L and lift R knee high, ft fwd (Ct 1). Extending R leg, push through heel, and step fwd onto R heel (ct 2). Close L to R (ct 3).
4 Repeat action of meas (FIG IV) adding preparatory lift of R leg to R side and lift on L heel (ct 4).
5-16 Repeat action of meas 1-4 (FIG IV) three times, turning body to face ctr, and omitting preparatory lift at end of meas 16.

V. BALANCE AND TURN

- 1 At waist level, hand palm down, swing R arm fwd and outward on a curve to R side, palm up. At the same time step slightly fwd on R, turning body slightly CW (ct 1).

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Kujawiak Niebieski-Continued

- Step L behind R (ct 2). Step R to L (ct 3).
- 2 Swing R arm at waist level across body to L side, palm down and step slightly fwd on L, turning body slightly CCW (ct 1). Step R behind L (ct 2). Step L to R (ct 3).
- 3 Do a small hop on L sweeping R arm at waist level to R to give momentum for 1-1/2 turn CW. Step R ft behind L, bending knees, ft close together (ct 2). Close L to R, completing turn (ct 3). R arm extended about 45° above shoulder. Hand turned so palm is facing twd head. Dancer is now facing LOD.
- 4 In place click heels 3 times.
- 5-7 Face ctr and repeat action of meas 1-3 (FIG V) with opp ft and hands. Reverse direction of turn and finish facing RLOD, L arm high.'
- 8 In place click heels 2 times.
- 9-16 Repeat action of meas 1-8 (FIG V) Pose at end.