

1963 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Albert S. Pill

KUMA ECHA
(Israel)

RECORD: Folk Dancer MH 1150

FORMATION: Circle, no ptrns, hands joined and held down.

MUSIC: 4/4 PATTERN

Measures INTRODUCTION: 4 measI. IN AND OUT

- 1 Run into center of circle with 3 running steps R, L, R and hop on R ft (cts 1-4). Raise eyes and head and hands in center.
- 2 Back away from center of circle with 3 running steps L, R, L and hop on L ft (cts 1-4). Hands are lowered.
- 3 Circle moves to L. Step R ft across in front of L (ct 1), step L ft to L side (ct 2), step R ft in back of L (Ct 3), leap onto L ft (ct 4).
- 4 Repeat action of I, meas 3.
- 5-8 Repeat action of I, meas 1-4.

II. CROSS STEPS AND STAMPS

- 1 Circle moves to R. Step R ft to R side (ct 1), step L ft behind R (ct 2), leap onto R ft (ct 3), step L ft across R (ct 4).
- 2-4 Repeat action of II, meas 1, three more times.
- 5 Run into center of circle with 3 running steps R, L, R (cts 1-3), leap onto L ft (ct 4).
- 6 Moving bwd away from center of circle, step fwd on R ft with emphasis, bending body fwd and thrusting arms downward twd center (ct 1), step back on L ft (ct 2), close R ft to L (ct 3), leap in place onto L ft (ct 4).
- 7-8 Repeat action of II, meas 6, moving bwds away from center of circle.

Repeat dance from beginning.

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as learned while dancing with
ethnic Israeli groups.

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- 3 Circle moves to L. Step R ft across in front of L (ct 1), step L ft to L side (ct 2), step R ft in back of L (Ct 3), leap onto L ft (ct 4).
- 4 Repeat action of I, meas 3.
- 5-8 Repeat action of I, meas 1-4.

II. CROSS STEPS AND STAMPS

- 1 Circle moves to R. Step R ft to R side (ct 1), step L ft behind R (ct 2), leap onto R ft (ct 3), step L ft across R (ct 4).
- 2-4 Repeat action of II, meas 1, three more times.
- 5 Run into center of circle with 3 running steps R, L, R (cts 1-3), leap onto L ft (ct 4).
- 6 Moving bwd away from center of circle, step fwd on R ft with emphasis, bending body fwd and thrusting arms downward twd center (ct 1), step back on L ft (ct 2), close R ft to L (ct 3), leap in place onto L ft (ct 4).
- 7-8 Repeat action of II, meas 6, moving bwds away from center of circle.

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