

**LECH, LECH LAMIDBAR**  
(Go to the Desert)

Dance: Folk  
Music: Argon  
*Israel LP 5/6*

Formation: Circle, face center, join hands

**PART ONE**

- 1: Leap on R to right side
- 2: L crosses in front of R
- 3: Close R to L
- 4: Pause
- 5: L to left side
- 6: Close R to L, bend knees. Release hands and clap
- 7-8: Repeat 5-6
- 9-32: Repeat 1-8 three more times

**PART TWO**

- 1-2: Join hands. Step-hop R in place, kick L in front of R
- 3-4: Step-hop L in place, kick R in front of L
- 5-8: Mayim step R. Move to left side
- 9-32: Repeat 1-8 three more times

**PART THREE**

- 1-2: Step-bend R to right side
- 3-4: Step-bend L to left side
- 5: R fwd. Arms bent fwd
- 6: L bwd
- 7: Close R to L and arms down
- 8: Pause
- 9-16: Repeat 1-8

**PART FOUR**

- 1-4: Mayim step R
- 5: R crosses in front of L

*Continued...*

- 6: L to left side
- 7: R crosses behind L
- 8: Hop on R
- 9-16: Reverse 1-8, start L to right side
- 17-32: Repeat 1-16