

Lifney She'nifradim

Israel

CHOREOGRAPHER: Marco Ben-Shimon

TRANSLATION: Before We Say Goodbye

MUSIC: Yair Klinger

STRUCTURE: One stanza, 2 parts

FORMATION: Circle, CCW, holding hands

Meter: 4/4

PATTERN

PART ONE: (face center, hands are held on shoulders)

- 1 - 4 Stamp R to right, hold, hop R, cross L behind
- 5 - 8 Step R to right, cross L over, close R, hold
- 9 - 16 Repeat 1-8
- 17 - 20 Step R to right, cross L behind, R to right, pivot BWD thru right
- 21 - 24 Facing out, step L to left, cross R behind, L to left, hold
- 25- 26 Balance R to right, L in place
- 27 - 28 Turn BWD with R.L thru right, face center
- 29 - 30 Cross R behind, step L to left
- 31- 32 Cross R over, step L behind in place
- 33 - 36 Slow step with R to right, slow close with L
- 37 - 72 Repeat 1-36, counts 71-72 close L and turn right to face CCW

PART TWO: (face CCW, free hands)

- 1- 6 Move left to center, cross R behind, L to left, cross R over step L to left, cross R behind, step L to left
- 7 - 8 Cross R over, lift L knee, clap hands with hands raised
- 9 - 10 Tap left palm on left thigh, hold, right hand remain raised
- 11 - 16 Moving right, outside, cross L behind, R to right, cross L over, R to right, cross L behind, raise R knee
- 17 - 18 Full turn FWD on LOD with R.L
- 19 - 20 Step R BWD, lift L knee
- 21 - 24 Repeat meas 17-24 to opposite directions
- 33 - 64 Repeat meas 1-32
- 65 - 66 Close R and turn to face center, hands on shoulders, hold
- 67 - 68 Bounce knees twice

Original dance notes by David Edery

Presented by David Edery
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