

Lindy Hop

Cassette: Marangio 1999

2/4 meter

Formation:

Meas

Pattern

SWINGOUT (from open)

	1	2	3	&	4	5	6	7	&	8
Leader	L	R	L	R	L	R	L	R	L	R
Follower	R	L	R	L	R	L	R	L	R	L
	Step	Step	Triple-step			Step	Step	Triple-step		

Leader and follower start in open pos, with leader's L hand extended to follower's extended R hand. End up back in same pos at ct 8.

CIRCLE

	1	2	3	&	4	5	6	7	&	8
Leader	L	R	L	R	L	R	L	R	L	R
Follower	R	L	R	L	R	L	R	L	R	L
	Step	Step	Triple-step			Step	Step	Triple-step		

Same rhythm pattern as Swingout, but leader holds onto ptr, ending up side by side in an open V-pos.

CHARLESTON (Side by Side)

	1	2	3	4	5	6	7	8
Leader	L	R	L	L	R	R	R	R
Follower	R	L	R	R	L	L	L	L
	Back	Step	Kick	Step	Kick	Knee	Toe	Heel

Kicks should be down twd the ground, ankles relaxed, upper body quiet but with free arm swinging opp ft. Step straight back, kick straight fwd.

SWINGOUT FROM CLOSED

	1	2	3	&	4	5	6	7	&	8
Leader	L	R	L	R	L	R	L	R	L	R
Follower	R	L	R	L	R	L	R	L	R	L
	Step	Step	Triple-step			Step	Step	Triple-step		

Same rhythm pattern as Swingout from open—gets dancers back to open pos from closed or Charleston (side by side).

Lindy Hop—continued

(Helpful to do a variation of the Charleston as a set-up for Swingout from Closed. Same as Basic Charleston, but the Leader turns to the R to be at a 90-degree angle to Follower's swingout trajectory on ct 7. It is easier to then step in front of the Follower for the Swingout from Closed.)

Presented by Michael Marangio and Persephone