LIRUSHALAYIM

Israeli

Source:

Yoni Carr, Costa Mesa JCC dance class

Formation:

Open circle, hands 'V' position

Steps:

Two-steps, grapevine

Part 1 - Begin with singing

meas count

1 1-4 4 two-steps R, L, R, L

2 1-4 R, L, R hop

3 1-4 L, R, L hop (turning to face RLOD)

4-6 Repeat meas 1-3 in opp direction

Part 2

- 1 1-4 begin 4 count grapevine R over L moving RLOD
- 2 1-3 repeat meas 1
 - 4 hold
- 3 1-4 Repeat meas 1 and 2 with opp ftwk and direction
- 4 1& Moving ctr with R heel and leading with R side, step R, step L next to R
 - 2-4 Repeat meas 1
 - (7) & Hold
- 4 <u>Hands</u> On the count both hands, with palms toward you, push upward on the & count the hands pull down closing fingers (4 times)
- 5 1-4 4 Steps backing out, L, R, L, R, snapping fingers on the & count, to the side

of the stepping foot (R, snap, L snap, etc.)

6-10 Repeat measures 1-5 with opp ftwk and direction