

# LOMSKATA

## Ломската

(Northwest Bulgaria)

A line *râčenica* from the region of Lom on the Danube river in N.W. Bulgaria. In the typical Vlach style. Brass instruments are popular in the area. Observed at the *Trifon Zarezan* (Vineyard festival) celebrations, Novo Selo near Vidin, February 1970.

**Pronunciation:** LOHM-skah-tah  
**Music:** Yves Moreau CD  
**Rhythm:** 7/8, counted here as 1-2, 1-2, 1-2-3 or 1,2,3 or q-q-S  
**Formation:** Mixed lines, hands joined down at sides. Face LOD wt on L.  
**Style:** Light, happy steps.

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Meter 7/8	Pattern
1-16	Intro. No action.
	<b>1. Travelling in LOD</b>
1	Little running steps in LOD, R-L-R (1-2-3)
2	Same action L-R-L (1-2-3)
3	Facing ctr, step on R to R (1) step on L behind R (2) step on R to R (3)
4	Step on L in front of R (1) step on R behind L (2) step on L fwd with s sharp accent, «flicking» R ft out to R (3)
5	Moving RLOD, body slightly bent fwd, step on R sharply across L (1) pause (2) Step on L to L (3)
6	Repeat action of meas 5
7	Straighten body, lift onto L, R leg extends out to R and back (1) pause (2) step back onto R (3)
8	Same action as in meas 7 with opp ftwork
	<b>2. Push-kicks to sides + fwd and bkwd</b>
1	Facing ctr, wt on L, push-kick R ft fwd, bent knee (1) pause (2) push-kick again (3)
2	Step on R to R (1) step on L behind R (2) step on R to R (3)
3-4	Repeat action of meas 1-2 with opp direction and ftwork
5-8	Repeat action of meas 1-4
9	Bending body fwd, sharp two-step fwd beg with R (1,2,3)
10	Another two-step fwd, beg with L (1,2,3)
11-12	Repeat pattern of meas 9-10
13-16	Do our (4) hop-step-steps bkwd beg with hop on L, R knee comes up high with slight twisting action to L

Note: Leader signals changes at will

**Presented by Yves Moreau**