MACNAMRA'S BAND

2 Sets Scissors as follows:

Hop onto left foot and cross right foot over left and touch toe to floor Hop onto left foot and point right foot to front and touch heel to floor

Hop onto right foot and cross left foot over right and touch toe to floor Hop onto right foot and point left foot to front and touch heel to floor (The above four movements makes one set of Scissor Steps)

1 Set Grasshopper as follows:

Standing on right foot hop to the left two spaces or slides and after the completion of each slide touch left foot to the floor.

Standing on left foot hop to the right two spaces or slides and after the completion of each slide touch right foot to the floor.

(The above two movements makes one set of Grasshopper Step)

4 Brush Slide Double Steps as follows:

Brush	Right Foot
Slide	Left Foot
Double Step	Right Foot
Brush	Left Foot
Slide	Right Foot
Double Step	Left Foot
Brush	Right Foot
Slide	Left Foot
Double Step	Right Foot
Brush	Left Foot
Slide	Right Foot

2 Double Step Rock Steps as follows:

Double Step

Left Foot

Double	Step	Right Foot
Rock	3.5	Left Foot
Step		Right Foot
Double	Step	Left Foot
Rock		Right Foot
Step		Left Foot

As you do these two steps turn to theleft and continue sequence from beginning and repeat throughtout record.

MACNAMRA'S BAND

2 Sets Scissors as follows:

Hop onto left foot and cross right foot over left and touch toe to floor Hop onto left foot and point right foot to front and touch heel to floor

Hop onto right foot and cross left foot over right and touch toe to floor Hop onto right foot and point left foot to front and touch heel to floor (The above four movements makes one set of Scissor Steps)

1 Set Grasshopper as follows:

Standing on right foot hop to the left two spaces or slides and after the completion of each slide touch left foot to the floor. Standing on left foot hop to the right two spaces or slides and after the completion of each slide touch right foot to the floor. (The above two movements makes one set of Grasshopper Step)

4 Brush Slide Double Steps as follows:

Brush	Right	Foot
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Slide Left Foot

Double Step Right Foot

Brush Left Foot

Slide Right Foot

Double Step Left Foot

Brush Right Foot

Left Foot

Slide

Double Step Right Foot

Brush Left Foot

Slide Right Foot

Double Step Left Foot

2 Double Step Rock Steps as follows:

Double	Step	Right Foot
Rock		Left Foot
Step		Right Foot
Double	Step	Left Foot
Rock		Right Foot
Step	*	Left Foot

As you do these two steps turn to theleft and continue sequence from beginning and repeat throughtout record.