

Mandrile

(Bulgaria)

This is a dance performed mainly by women from the village of Vrav in Northwest Bulgaria, the Vidin–Danube river area. “Mandrile” is Vlach word that means “beauty.” The dance is performed with instrumental accompaniment. The dance pattern is symmetrical: 8 measures to the right, 8 measures to the left.

Pronunciation: MUHN-dreh-leh

Music: *Ya si te daruvam surtseto, dushata CD (I Give You My Heart, 5/8 meter, counted QS My Soul) Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 6. Dances from Serbia & Northwest Bulgaria. Band 3.*

Formation: Open circle; hands joined in W-pos, elbows bent, facing RLOD.

Steps & Styling: Hands movements: The hands dance all the time in 5/8 meter moving up and down, starting up together to the dance steps.

Meas

Pattern

16 meas INTRODUCTION. Start with whistle (Band 6).

FIGURE

- 1 Step bkwd on R (ct 1); step bkwd on L (ct 2).
- 2-3 Repeat meas 1 twice (total of 3 times).
- 4 Hop on L, turning to face ctr (ct 1); step on R (ct 2).
- 5 Facing LOD, step on L in front of R (ct 1); step on R on place (ct 2).
- 6 Hop on R (ct 1); step on L (ct 2).
- 7 Facing RLOD, step on R in front of L (ct 1); step on L on place (ct 2).
- 8 Hop on L, turning to face LOD (ct 1); step on R (ct 2).
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

Presented by Daniela Ivanova