

MANGINAT HA'DROR
(Israel)

SOURCE: Choreographer: *Le'abia Amishai*
 PRONUNCIATION: *MANN-gee-naht HAH-dror*
 MUSIC: Tape/Dance with Dani Benshalom *side^B band^S*
 FORMATION: Circle, facing center; hands held down.
 3 parts, ea with 2 sections

METER: 4/4

PATTERN

Meas.

Introduction: *beg with singing*PART A, SECTION 1:

- 1 Face ctr, rock R fwd, hold (cts 1-2); rock L bkwd, hold (cts 3-4);
 2 Rock R fwd (ct 1); Yemenite L (cts 2-4)
 3 Hop L (ct 1); 3 steps, cross R over L, L to L, R to R, still facing
 ctr (cts 2-4)
 4 Sharp half-turn to L, hold (cts 1-2); hop L (ct 3); close R. Sharp
 turn twd ctr of circle (ct 4)
 5-8 Rpt meas 1-4, Section 1, Part A

PART A, SECTION 2:

- 1 Face CW, step R, hold (cts 1-2); close L, hold (cts 3-4)
 2 3 running steps, R,L,R (cts 1-3); leap onto L while keeping R leg
 behind L; end with sharp half-turn to face CCW (ct 4)
 3-4 Rpt meas 1-2, Section 2, Part A, facing CCW
 5-8 Rpt meas 1-4, Section 1, Part A. All changes of direction are done
 with sharp turns.
 9-10 Rpt meas 1-2, Section 2, Part A. End with sharp half-turn to R.

PART B, SECTION 1:

- 1 Face CCW, leap R, run L, twice (cts 1-4)
 2 Leap R (ct 1); 2 hops on R while making a full turn following
 R shldr (cts 2-3); leap L, facing CCW (ct 4)
 3-4 Rpt meas 1-2, Section 1, Part B, end facing ctr

PART B, SECTION 2:

- 1 Face ctr, fall bkwd on R while swinging arms up to waist level
 (cts 1-2); step L fwd (ct 3); close R fwd (ct 4)
 2 Fall fwd on R while lowering arms (cts 1-2); step L bkwd (ct 3);
 close R bkwd (ct 4)
 3-4 Rpt meas 1-2, Section 2, Part B

PART C, SECTION 1:

- 1 Face ctr, step R to R, close L to R, arms held down, with strong
 steps 3 times (cts 1-2); step-hop on R while making half-turn
 following R shldr, end facing outside of circle (cts 3-4)

continued.

MANGINAT HA'DROR (cont'd)PART C, SECTION 1: (cont'd)

- 2 Rpt meas 1
- 3-4 Rpt meas 1-2, Section 1, Part C, with back facing ctr of circle.
End with step-hop on L, turning to L, end facing CCW

PART C, SECTION 2: (Face CCW, center)

- 1 Fall bkwd on R, swinging L fwd (cts 1-2); 3 quick "samba" steps
bkwd, L,R,L (cts 3-4)
- 2 Rpt meas 1, Section 2, Part C
- 3-6 Rpt meas 1-4, Section 2, Part B

*continued...
(ERRATA)*

77 Part A, Sec 1, add between meas 2-3: Note: Hands swing slightly fwd and bkwd during rocks.

Meas 3, change to: Hop on L as R lifts fwd (ct 1);
R over L, sway L to L, sway R to R, still.....

Meas 4, change to: Sharp half-turn 1/4 turn to L, ft apart knees deeply bent, hold (cts 1-2); hop on L (ct 3);
else stamp R next to L. Sharp-turn-tw-d-ctr-ef-eireie
(ct 4).

Meas 5-8, add to end: - on ct 1 of repeat turn sharply twd ctr of circle.

Part A, Sec 2, ct 4, change to: leap onto L while keeping R leg behind L and turning end-with sharply half-turn R to face CCW

Meas 9-10, change with-sharp-half-turn-to-R to End facing ctr.

Part B, Sec 1, meas 2, change to read: Leap Step R (ct 1);
release hands and do 2 hop on R (L lifts fwd slightly) while
making a full turn following R shldr (cts 2-3); rejoin
hands and leap on L, facing CCW (ct 4).

Part B, Sec 2, meas 1, line 1, change waist-level to head ht
Meas 1 ct 4, change to: close R to L (ct 4).

Meas 2, ct 4, change to: close R to L (ct 4).

Part C, Sec 1, meas 1, line 2, change to: release hands and
step-hop on R while.....

78 Meas 2, change to: Rejoin hands and repeat meas 1 with opp
ftwk to L.

Part C, Sec 2, meas 1, cts 3-4 change to: 3 quick "samba" two-
step bkwd.....