This dance is a form of La Varsoviana. It was widely danced in Mexico during the second half of the 19th Century 2 had many different forms depending upon the area.

MUSIC: Record: PEERLESS LP 1097 "Mexican Regional Dances" Side B, band 1.

FORMATION: Cpls facing LCD, inside hands joined sho high, M's free hand behind back, W's free hand holds skirt.

STEPS: Pas de Basque: Leap lightly onto L (ct 1), step R (ct 2), step L (ct 3). Repeat beg R.

Valseado Step: Step fwd L (ct 1), step R in place (ct 2), step L in place (ct 3). Repeat stepping bkwd on R. This step is done with small running steps.

Directions are written for M; W does same on opp ft unless otherwise noted.

		otherwise noted.
MUSIC:	3/4	PATTERN
Meas		
1-4		INTRODUCTION
		FIG. I: (FAS DE BASQUE & RUN FWD)
1-2		Beg L, dance 1 Fas de Basque Step back to back $\stackrel{\circ}{=}$ 1 Pas de Basque step face to face with ptr.
3-4		Run lightly fwd in LCD with 3 running steps, L,R,L (Meas 3), stamp on R, taking wt (cts 1-3, Meas 4).
5-16		Repeat action of FIG. I. Meas 1-4, three times more.
		FIG. II: (WINDOWS)
1		Cpls take La Varsouviana pos. W move in front of ptr to L while M moves to R to rear of ptr with 3 walking steps, M beg R & W beg L.
2		M point L while W point R toe twd ptr. Ftrs look at each other through window formed by raised hands.
3-4		Repeat action of FIG. II, Meas 1-2, reversing the action & ftwk. Be sure to keep hands joined throughout the fig.
5-16		Repeat action of FIG. II, Meas 1-4, three times more.
		FIG. III: (VALSEADO)
1-8		Cpls take modified social dance pos (join M-L % W-R hands; with MR % WL grasp arm of ptr just above elbow) % dance 8

9-16 Cpls turn once in place moving CW with 8 Valseado steps. Repeat dance from the beginning.

Valseado steps in place beg M fwd L & W bkwd R.

Presented by Al Pill Idyllwild Workshop - 1972