Israeli Mazurka

(Israel)

Choreographer: Unknown—possibly Yonatan Karmon (late 1950's). Movements are based on the Polish Mazurka.

Pronunciation:

Formation:Couples in a circle, facing counterclockwise, M on L. Inside hands joined, down.Steps:Mazurka step: Step fwd on outside ft (ct 1); step fwd on inside ft (ct 2); hop on inside ft while lifting outside knee (ct 3). Mazurka handhold: M's inside hand around W's waist, W's inside hand on M's inside shldr.MeasPatternA.WALTZES, W TURNS1Beginning with outside ft, one waltz fwd, swinging joined hands fwd.2One waltz fwd, swinging joined hands back.3-4M repeats meas 1-2; W use the same steps while turning to her R under the raised, joined hands. (One slow turn is acceptable, two turns is most common. Some flashy dancers turn the W three and four revolutions!).5-18Repeat 1-4 three more times.BMAZURKA STEPS IN MAZURKA HANDHOLD1-7Seven Mazurka steps moving CCW as a couple.1Three stamping steps starting with outside ft, turning individually to face CW. M does half- turn to the R; W does half-turn L.1-7Seven Mazurka steps moving clockwise as a cpl.1Three stamping steps starting with outside ft, quarter-turn individually to face each other. End with M's back to center, W facing center. M takes one extra step to end with R ft free.2BACK AWAY, RETURN, BUZZ-TURN1-4Back away from partner with four swaying waltz steps. Both start with R. W's hands are on her waist. M claps hands: hold, clap, clap, etc.5-6Two Mazurka steps beginning with R ft, moving back twd pr.7-8R hand on pt's waist, L hand held high. Two complete rotations as a couple using a "buzz" step (12 rapid steps). Alternatively, one rotation using 6 simple running step is also commo	Music:	3/4 meter
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Presented by Loui Tucker