

## Israel

SOURCE: Dance: Folk Origin; Music: Folk Tune.

MUSIC: Record: TIKVA T-98.

FORMATION: Cpls arranged in a circle, facing CCW. M on inside, with inside hands joined.  
Dance description is for M; W uses opp ftwk. Entire dance is in 3/4 meter.

MUSIC: 3/4 meter

PATTERN

- | Meas | Cts   |  |
|------|-------|--|
|      |       | PART I: Music A.   |
| 1-2  | 1-6   | Take two open waltz steps fwd, M beginning with the L ft. L,R,L - R,.,R.   |
| 3-4  | 7-12  | M twirls W two full turns R, with two waltz steps as he moves fwd two waltz steps next to her.   |
| 5-18 | 13-48 | Repeat pattern of Meas 1-4, three more times.  |
|      |       | PART II: Music B.  |
|      |       | Change hand hold. M places his R hand around W's waist. W places her L hand on M's R sho.  |
| 1-7  | 1-21  | Take seven mazurka steps CCW. Each mazurka step takes one meas of music, (3 cts), as follows:<br>Ct 1: Step fwd L.<br>2: Step fwd R.<br>3: Hop on R ft at the same time lifting L ft in front, & swinging it back to R knee, with the L knee bent. |
| 8    | 22-24 | With three stamping steps, L,R,L; turn individually to face the reverse direction (CW). M turns R, W turns L. Change hand hold. M places L hand around ptr's waist, W places her R hand on M's L sho.  |
| 9-15 | 25-45 | Seven mazurka steps moving CW, M beginning with the R ft.  |
| 16   | 46-48 | With three stamping steps, R,L,R; release hands, & turn to face ptr, M facing out of the circle, W facing ctr.   |
|      |       | PART III: Music C. Facing ptr, both hands on hips.   |
| 1-4  | 1-12  | Back away from ptrs with four swaying waltz steps, M beginning with the L ft.  |

*Continued...*

ISRAELI MAZURKA (con't)

14

- | Meas | Cts   |   |
|------|-------|---|
| 5-6  | 13-18 | Take two mazurka steps twd ptr, M beginning with L ft. Clap own hands on ct 18.                           |
| 7-8  | 19-24 | Place R hands around ptr's waist, with L hand held up. Turn a full turn with ptr CW with 6 running steps. |
| 9-16 | 25-48 | Repeat PART III, Meas 1-8.  |
- Repeat dance from beginning.

Presented by Rivka Sturman  
Idyllwild Workshop - 1968