

# Mazurka golesszowska

Pronunciation: mah-ZOOR-kah goh-leh-SHOHF-skah

Record: DR-7167 and RPC-713, "Tańce Śląskie," side A, band 1, available from Ada Dziewanowska.

A couple dance in 3/4 time, from Golezów in Śląsk (Silesia) in south-western Poland, not to be confused with the Polish national dance, mazur, often called in English the "mazurka."

## Steps and Styling:



Step A (mazurka step) fwd: Bending very slightly fwd from the waist step fwd with a slight accent with outside ft (M-L, W-R) (ct 1); straightening body step fwd with inside ft (ct 2); hop on inside ft lifting bent outside knee fwd, ft relaxed (ct 3).

Step A (mazurka step) bkwd: Step bkwd with inside ft (M-R, W-L) (ct 1); step with outside ft near the other ft (ct 2); hop on outside ft, moving slightly bkwd, lifting straight inside leg bkwd and leaning slightly fwd (ct 3).

Step B: Three light steps to a meas, starting - unless indicated otherwise - with outside ft (M-L, W-R).

Starting Position: Cpls in a circle in ballroom pos, facing LOD.

## PATTERN

### Measures

#### INTRODUCTION

1-4 No action.

#### FIGURE I

1 Move in LOD with 1 Step A-fwd.

2 With 1 Step B make a CCW 1/4 turn and move twd ctr.

3 Move away from ctr with 1 Step A-bkwd.

4 With 1 Step B make a CW 1/4 turn in place, thus resuming the starting pos.

5-16 Repeat action of meas 1-4 (Fig I) 3 more times (4 times in all).



Measures

FIGURE II

- 1-2 Move in LOD with 2 Steps A-fwd.
- 3-4 Release ptr, put hands on own waist, fingers fwd, thumbs back and with 2 Steps B make 1 (or 2, if you can manage) full turn twd ptr (M-CW, W-CCW).
- 5-8 Resuming ballroom pos repeat action of meas 1-4 (Fig II).
- 9-10 Repeat action of meas 1-2 (Fig II).
- 11-12 Release hold of inside arms and with outside hands (M-L, W-R) joined above head walk around ptr with 2 Steps B, always facing LOD, M starting in back of ptr and moving CW, W starting in front of ptr and moving CCW.
- 13-16 Resuming ballroom pos repeat action of meas 9-12 (Fig II).



FIGURE III

- 1 Resuming ballroom pos move in LOD with 1 Step A-fwd.
  - 2 Move slightly in LOD with 1 Step B.
  - 3 Move in RLOD with 1 Step A-bkwd.
  - 4 Release ptr and make a full turn twd ptr, M-CW with 1 Step B, W-CCW with just 2 steps, in order to have her L ft free.
  - 5-6 Hook R arm with ptr, raise straight L arm diag up, torso erect, and with 2 Steps A-fwd (W also starting with L ft) make a full CW turn.
  - 7-8 Bend fwd from the waist (straight L arm goes to side) and continue turning, making another full CW turn M with 2 Steps B, W with just 2 steps, in order to have her R ft free.
  - 9-16 Repeat action of meas 1-8 (Fig III).
- Repeat dance from the beginning.

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Dance introduced in the Fall of 1975, at a workshop with Barnard Folk Dance Club in New York City and with the Taylors in Cambridge, Mass., by Ada and Jaś Dziewanowski, who learned it in Cieszyn, Poland, from Janina Marcinkowa, a noted Silesian folklorist. Do not reproduce these directions without the Dziewanowskis' permission: 41 Katherine Road, Watertown, Mass. 02172, tel. (617)923-9061.