

DISC - DESCRIPTIONS

MAZURKA GOLESZOWSKA
(Poland)

PRONUNCIATION: mah-ZOOR-kah goh-leh-SHOHF-skah.

RECORD: Recorded Publications Company, RPC-713, Side I, Band 1 (7", 33 1/3 rpm)

SOURCE: Learned from Ada and Jab Dziewanowski in Chicago, November 1978.

RHYTHM: 3/4.

FORMATION: A circle of couples in ballroom position, facing LOD (CCW), W on M's R side.

STEPS: Forward Mazurka: With a slight accent, step fwd on outside ft (M's L, W's R), bending fwd slightly from the waist (ct 1), step fwd on inside ft, straightening body (ct 2), hop on inside ft, lifting relaxed outside ft fwd with bent knee (ct 3). NOTE: On ct 3 the outside ft does not swing across in front of inside ft.

Backward Mazurka: Step bkwd on inside ft (M's R, W's L) (ct 1), close outside ft next to inside ft (ct 2), "chug" slightly bkwd on outside ft, extending inside ft bkwd close to the floor with straight knee, bending fwd slightly from the waist (ct 3).

P A T T E R N

Meas 4 Measure Introduction

FIGURE I

- 1 Take 1 "forward mazurka" step in LOD.
- 2 With 3 walking steps beginning on outside ft (M's L, W's R), move fwd twd ctr by making a 1/4 turn CCW as a cpl.
- 3 Take 1 "backward mazurka" step moving away from ctr.
- 4 Repeat ftwk of Fig I, Meas 2, moving bkwd and making a 1/4 turn CW to return to original position.
- 5-16 Repeat action of Fig I, Meas 1-4 exactly, three more times.

FIGURE II

- 1-2 In ballroom position, take 2 "forward mazurka" steps in LOD.
- 3-4 Putting hands on own waist with fingers fwd, take 6 walking steps to make one or two complete turns in place (M turns CW, W turns CCW).
- 5-8 Repeat action of Fig II, Meas 1-4 exactly.
- 9-10 Repeat action of Fig II, Meas 1-2 exactly.
- 11-12 Releasing M's R and W's L arms and letting them hang down at sides, and facing constantly in LOD, walk once completely around each other CCW in 6 walking steps, using joined outside hands held above heads to help each other get around. NOTE: Both ptrs must move... M begins twd R behind ptr while W begins twd L in front of ptr.
- 13-16 Repeat action of Fig II, Meas 9-12 exactly.

FIGURE III

- 1 Returning to ballroom position, take 1 "forward mazurka" step in LOD.
- 2 Walk 3 steps slightly fwd, beginning on outside ft and using these steps to stop fwd inertia.

(CONTINUED)

(MAZURKA GOLESZOWSKA continued)

- 3 Take 1 "backward mazurka" step, moving in RLOD (CW).
- 4 Putting hands on own waist with fingers fwd, make one complete turn in place --- M turns CW in 3 walking steps beginning on R ft while W turns CCW in 2 walking steps beginning on L ft (cts 1, 2), and holds (ct 3) so that both have L ft free.
- 5-6 Hooking R elbows and extending L arm up and fwd with straight elbow and palm facing in, take 2 "forward mazurks" steps to make one complete CW turn.
- 7-8 Bringing straight L arms back and down with palm turned twd floor, make one more complete CW revolution, bending fwd from the waist --- both beginning on L ft, M takes 6 walking steps while W takes 5 walking steps.
- 9-16 Repeat action of Fig III, Meas 1-8 exactly.

Repeat entire dance from the beginning.

As Taught At International House Of The University Of
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