

1973 CALIFORNIA STATE UNIVERSITY, SAN DIEGO  
FOLK DANCE CONFERENCE

Presented by Morley Leyton

SHARON'S MAZUR (Mazurka Szarona)  
(Poland)

RECORD: Za Gorami, Za Dolinami BR 1000

FORMATION: Cpls in circle, facing each other, inside hands joined and extended to M's R side shldr level. M with back to center.

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PATTERN

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- Meas PART I
- 1 M (W opp) hop on R, clicking L ft to R (ct 1) step to L side on L (ct 2) cross R over L (ct 3). Complete 1/4 turn to face LOD
- 2 CHASSE STEP: Hop on R ft (ct 1) slide along LOD onto L (ct 2) hop on L (ct 3). Continue turning another 1/4 turn so that ptrs are back to back.
- 3-4 Repeat meas 1-2, continuing to progress LOD, but using opp ft and reversing direction of turn, till face to face once more. Do not release hands
- 5-8 Repeat meas 1-4
- 9-16 M kneels. W does 8 basic Mazur steps arund ptr CCW completing a 1/4 turn with each step or two complete turns.
- 17-20 Repeat meas 1-4
- 21-24 Repeat meas 9-12 (one turn)

NOTE: Meas 1-4 requires long practice to master with freedom. The step should cover a great deal of space. To begin the arms can be on the hips, but later they should swing in on 1, fwd on 2, out on 3, and back fwd on 4, all at about shldr level.

PART II

- W travel in a CCW semi-circle about their place (meas 1-8) and then return along that same semi-circle (meas 9-16), hands on hips:
- 1-3 Do 3 basic Mazur steps turning CW
- 4 Face ptr and do step 2,3 in place.
- 5-8 Repeat meas 1-4
- 9-16 Repeat meas 1-8 with reversal of direction and turn. M follows behind ptr, slightly inside of W circle.
- 1 Hop on L ft and lift up R ft, knee straight at end of lift (ct 1) touch R heel on floor, knees locked in front, with weight on it (ct 2) step on L (ct 3)
- 2-3 Repeat meas 1 twice
- 4 (Face ptr) and step 2,3 in place
- 5-8 Repeat 1-4 on opp ft, passing W (on inside of circle) and end facing opp direction (RLOD)