

HORA KEFF 1997

MEELA V'OD MEELA

Dance by: Moshe Eskayo
Music: Arik Sinai

Formation: Couples

Note: Dance is notated for WOMAN, MAN uses opposite footwork

PART I: Partners side by side, holding inside hands. Face LOD, M inside, W outside

1-2 Step R, brush L
3-4 Step L, brush R
5-6 Step fwd, RL
7-8 Step back on R, step L to L (turning to face partner)
9-16 Repeat counts 1-8 (end facing partner holding W's left hand to M's right hand)
17-18 Step back on R, pulling away from partner, step on L in place
19-20 Touch R toes fwd, raising R hip. W: places R hand on M's hip, M: places L hand on W's arm
21-22 Step back on R, pulling away from partner, step on L in place
23-24 Moving CW, cross R over L, step L to left
25-30 Repeat counts 17-22
31-32 Change places: W steps fwd RL turning left under joined hands. M steps fwd, RL
33-64 Repeat counts 1-32 in opposite direction with same footwork

PART II Partners in waltz position along circle, M facing LOD, W facing RLOD

1-2 W: Walk bwd, RL M: Walk fwd, LR
3-4 W: Rock back on R, step fwd on L in place M: Fwd on L, back on R
5-6 W: Rock fwd on R, back on L, bending knees M: Rock back on L, fwd on R
7-8 W: Bring R to L, close, hold M: L to right, close, hold
9-10 Still holding in waltz position, walk 2 steps - M: inside back to center, W out
CCW, RL M: Walks, LR
11-12 Pivot turn together moving CCW, RL M: Pivot turn, LR
13-16 Repeat counts 9-12
17-18 W: Still in waltz position, step R, brush L M: Step L, brush R
19-20 W: Step L, brush R M: Step R, brush L
21-24 M pulls W to his left side:
W: 4 steps, RLRL M: Walks fwd LRLR
25-28 W: Returns to M's right in 4 steps RLRL M: Walks fwd RLRL
29-30 Pivot turn together along LOD:
W: RL M: LR
31-32 W: Walk 2 steps fwd, RL. Turn back to LOD M: Walk fwd, LR
33-64 Repeat counts 1-32