

MENDO BARI

Turkey

MENDO BARI is a dance from Artvin, a region in northeastern Turkey. It is very typical of many Artvin dances which change tempos. Ercüment Kılıç learned this dance while a member of the Turkish National Ensemble in 1977. Ercüment introduced MENDO BARI for the first time in the United States in St. Louis, Missouri, June 1981.

PRONUNCIATION: Mën'-dōe 'Bää-re

RECORD: Ercüment Kılıç Presents: Turkish Dancin',
Hindi 004, Side ____, Band ____.

FORMATION: Mixed line facing ctr, hands joined in "W" pos.

STYLING: Sharp and crisp staccato movements.

METER: 4/4

PATTERN

Meas

FIG. I: (Walking)

(Each step in this figure has a fwd "bicycle" motion of the leg).

- 1 Facing LOD, walk R,L,R fwd (cts 1-3); brush L bkwd (ct 4).
Meas 1 is done leaning fwd from waist.
- 2 Step L, turning to face ctr, straightening body and raising arms fairly high above shldr level (ct 1); step R,L in place (cts 2-3); brush R bkwd (ct 4).
- 3-12 Repeat meas 1-2, 5 more times (6 in all).

FIG. II: (Two-Steps)

- 1 Facing LOD with hands joined and down, do two (2) running two-steps beg R (cts 1,&,2; 3,&,4)
- 2 Jump onto both ft, wt mostly on R (ct 1); hop on R as L kicks fwd (ct 2); hop on R, touch L toe across R (ct 3); hop on R, kick L fwd and turn 1/4 to L (ct 4).
- 3 6 scissors (step LRL, RLR) facing ctr, arms up (cts 1,&,2; 3,&,4).
- 4 3 scissors (step LRL) (cts 1,&,2); hop on L, touch R toe across L (ct 3); hop L, lift R (ct 4).

FIG. III: (Two-steps with squats)

- 1 Do 2 running two-steps in LOD, beg R (RLR, LRL).
- 2 Squat facing LOD, knees tog (ct 1); raise on R as L kicks fwd (ct 2); hop R, touch L across R (ct 3); hop R, kick L, turning 1/4 to L (kick is twd ctr)(ct 4).
- 3-4 Repeat meas 3-4 of Fig. II (Two-steps).
- 5-8 Repeat meas 1-4.

REPEAT DANCE FROM BEGINNING ONCE MORE.