

Meryem Ana

Turkey

Step steps and styling are from the Black Sea region.

TRANSLATION: Mother Mary

PRONUNCIATION: MEHR-yehm AH-nah

MUSIC: Turkish Dances No. 3, track 1

RHYTHM: 5/8 counted: $\frac{1-2}{1}$ $\frac{3-4-5}{2}$

FORMATION: Semi circle, facing ctr, hands joined with elbows bent and forearms parallel to floor. Palms twd floor.

STYLE: Steps are extremely small (1/2 steps).

METER: 5/8

PATTERN

Meas Count

INTRODUCTION: Beg with harp.

- | | | |
|---|---|---|
| 1 | 1 | Facing ctr - step R to R fwd. |
| | 2 | Touch full L ft beside R toe (no wt) with knee flex. |
| 2 | 1 | Step L almost in front of R. |
| | 2 | Touch full R ft beside L heel (no wt) with knee flex. |
| 3 | 1 | Step R bkwd. |
| | 2 | Touch full L ft beside R toe (no wt) with knee flex. |
| 4 | 1 | Step L bkwd. |
| | 2 | Touch full R ft beside L toe (no wt). |

Note: On count 2 of each measure, even though you are touching the full ft, most of the wt is on the ball of the ft.