

Presented by Sunni Bloland

MINDRELE
Oltenia, Romania

Mindrele is a Hora type which means pretty girls and comes from the village Obirșia (Oh-bur-she-uh) Dolj, Oltenia. It is a dance for "older" women and originally had a ceremonial function. Some of the dances on HAI LA JOC were learned by Sunni Bloland from "Puiu" Vasilescu and Sunni's colleague and counterpart in Holland, Marius Dorpel.

PRONUNCIATION: Mun-drel-ay

RECORD: HAI LA JOC Noroc Vol. I, Side B, Band 9

RHYTHM: 6/8, counted: $\frac{S}{1-2} \quad \frac{Q}{3} \quad \frac{S}{4-5-6}$ (slow, quick, slower)

FORMATION: Open or closed circle of W, with hands in "W" pos.

METER: 6/8

PATTERN

Meas.

INTRODUCTION:

FIG. A:

- 1 Facing slightly to R and moving LOD, step R fwd (S), close L to R (Q), step R fwd (S).
- 2 Repeat meas 1, with opp ftwk.
- 3 Step R, while turning CCW approx 1/2 turn to face RLOD (S), step bwd L-R (S,Q).
- 4 Step bwd L-R (S,Q), step L, turning CW 1/4 to face ctr (S).
- 5 In place sway to R, stepping R (S), sway to L, stepping L (S), step R across L (Q).
- 6 Step L to L (S), step R behind L (Q), step L to L (S).
- 7-12 Repeat meas 1-6.

FIG. B:

- 1 Plie on L ft while raising R leg across L (S), with R hip leading bwd in LOD step R,L (S,Q).
- 2 Continuing to move LOD, step R,L,R (S,Q,S).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-6 Grapevine in RLOD, step R across L (S), step L to L (S), step R across L (S), step L to L (S).

Continued...

- 7 Swaying to R, step R (S), step L near R heel (Q), step R across L, begin to move RLOD (S), step L twd RLOD (Q).
- 8 Continue grapevine, step R behind L (S), step L to L (Q), step R across L (S).
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

FIG. C:

- 1-2 Moving twd ctr, walk in an elegant manner, stepping R (S), L (S), R (S), L (Q), R (S).
- 3 Standing in place touch L across R (S), touch L diag L (S).
- 4 Touch L across R (S), moving bwd step L,R (S,Q).
- 5 Step L bwd (S), touch R across L (S).
- 6 Step bwd R,L,R (S,Q,S).
- 7 With slight lift on R (virf toc) (Q), step L to L (S), step R across L (Q), step L to L (S).
- 8 Repeat meas 7 with opp ftwk.
- 9-16 Repeat meas 1-8 with opp ftwk.
Repeat dance from beginning.