

Myatalo Lenche

Bulgaria

Source: Learned from Michael Ginsburg at 2006 NM August Camp who learned it from Belcho Stanev.

Pronunciation: MYuh-TAH-loh LENCH-ay

Music: Camp Hess Kramer 2007 CD

Formation: Long lines, hands joined down

Meter: 7/8 = 12 12 123 = 1& 2& 3&uh = q q s = 1 2 3 = rucinica rhythm. Notation will be with "1& 2& 3&uh"

Meas Pattern

1-16 **Introduction (instrumental)** no action

Part 1 (vocal)

- 1 Facing part way and moving LOD, R (1), L behind R (2), R (3). A slight hop or "cukce" on the "uh of 3" is optional
- 2 Still moving LOD, with slight dip, L (1, 2), hop L (3)
- 3-6 Repeat meas 1-2 exactly two more times
- 7 Facing center, R sideways to right (1); L behind R (2); R fwd in place (3)
- 8 Hop on R (1); step L in front of R (2); step R back in place (3)
- 9 Jump on both feet (1, 2); land (leap) onto R in place (3)
- 10 Slap L in front of R (1,2); small leap sideways onto L next to R (3)
- 11 R across L, moving RLOD (1,2); L sideways left (3)
- 12 R behind L (1,2); L sideways to left (3)
- 13-18 Repeat meas 7-12
- 19-36 Repeat meas 1-18

Part 2 (instrumental)

- 1-2 Moving toward center, RLR, LRL (1, 2, 3), (1, 2, 3)
- 3-4 Moving away from center and to right, RL, RL (!, 3), (1, 3) ending with R free, extended back with bent knee
- 5 brushing fwd with R, make a reverse bicycle leaping up (1,2); land R (3)
- 6 Stamp L next to R (1, 2); step L in place or slightly sideways to left (3)
- 7 Repeat meas 6, opp ftwk
- 8 Repeat meas 6 exactly
- 9-10 Hop L, step R slightly fwd, step L back in place (1, 2, 3); Repeat (1, 2, 3)
- 11-12 Moving towards center, R hop, L hop (1, 3), (1, 3)
- 13-14 Moving away from center and slightly right, RLR, LRL (1, 2, 3), (1, 2, 3)
- 15-16 Still moving away from center and making complete CW turn, R hop, L hop (1, 3, 1, 3)

Dance repeats, minus introduction

Dance notes by Gary Diggs (referencing Michael's notes)

Presented by Gary and Jane Diggs
Camp Hess Kramer Institute
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