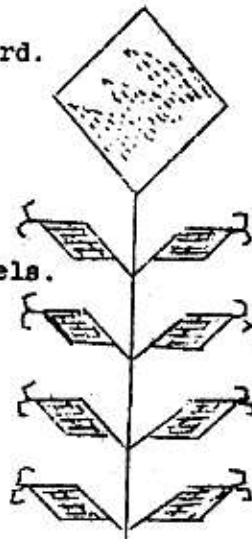


# Nevestinsko Horo

A Macedonian Dance -- Record MH 3050. This is a bridal dance from the town of Debar. The 7/8 rhythm is most easily broken down into a "slow'quick'quick" pattern. Hands held forward, head height, arms gently curved.

## PART I (Done to singing)

- Meas. 1 ① Move Rft in a small arc forward to R.  
2 Place Rft on ground top R, but don't put wt. on it yet.  
3 Put weight on Rft.
- Meas. 2 ① Continuing to R, bring Lft forward in air.  
2 Continuing to R, place Lft on ground, but don't put wt. on it.  
3 Put weight on Lft.
- Meas. 3 Same as Meas. 1.
- Meas. 4 ① Step onto Lft in front of Rft, raising Rft a bit in back.  
2 Slow lift in this position, and come down again.  
3 Slow lift etc. as in count 2 again.
- Meas. 5 ① Step back on Rft, leaving Lft extended slightly forward.  
2 Slow lift in this position, and come down again.  
3 " " " " " " " " " "
- Meas. 6 ① Step Lft in back of R heel, moving backward.  
2 Step Rft in back of L heel, moving backward.  
3 Pause.
- Meas. 7 ① Feet together, raise on toes and come down on both heels.  
2 Pause.  
3 Pause.
- Meas. 8 Repeat movement of Meas. 7.
- Meas. 9 ① Step onto Rft across in front of Lft.  
2 Slow lift and come down again.  
3 Step onto Lft in its position.
- Meas. 10 ① Step R with Rft.  
2 Slight lift on Rft and come down again.  
3 Step on Lft across in front of Rft.



PART II: During the instrumental interlude (10 measures), dancers face directly to R, move in this direction with walking steps, one per beat (i.e., three per measure): RLR LRL RLR LRL RLR LRL RLR LRL.

This dance collected by Michel Cartier in Bulgaria is reserved for the newly-wed women of the village. Because of their new social position they are not allowed to dance or even look at other men so they have their own horo. Because costumes are heavy only feet and knees move. Leaders carry kerchiefs.

Dance directions from FOLK DANCE HOUSE, 108 West 16 Street, New York City-11  
Michael Herman, director.