Presented by Carolyn Mitchill

NIGUN MIXER Jewish

Music : Record - Folkcraft F 1092 A

Formation

Double circle with couples facing each other. Inside hands

joined and stretched.

Steps :

Pas de basque, Running step, step-hop.

lasic

1

2

3

Step Pattern

Meas. I. Pas de basque

Vith inside ft. (M R, W L) leap toward P so that inside shoulders nearly touch (ct. 1); close outside ft to inside ft. (ct. &); step in place on inside ft (ct. 2); pause (ct. &) Repeat pas de basque leaping away from (cts. 3 & 4 &)

2 Repeat meas 1

II

All couples facing CW form an arch and run fwd. 4 steps, while all couples facing CCW run 4 steps fwd and under the arch. Om the 4th. step all turn to face direction they came from.

Join inside hands and those facing CW form an arch and the CCW couples go under the arch with 4 running steps. Turn to face

original direction on the 4th. step.

III

Clap own hands and at the same time stamp R ft (ct. 1); hop into the air high on the RF and join'R hands high offer head in a R hand mill (ct. 2); step fwd L (ct. 3), hop (ct. 4) step R (ct. 1), hop (ct. 2) step L (ct. 3), Hop L (ct. 4) moving CW so that places are

exchanged with the other couples.

Repeat step hops but join L hands with own P and circle CCW in the new place. Fa ce original direction and repeat dance with the new

couple.