

NIGUN MIXER

(Jewish - Couple Mixer)

Record: Folkraft 1122

Formation: Circle of "Sets of Four," cpl facing cpl, girl on ptr's R.

Starting Position: Inside hands joined with arms extended sdwd,
inside ft free.

Meas. FIGURE I

- 1-2 Balance twd and away from ptr and repeat.
3-4 Cpls change places and return under arch formed by cpl
 facing CW. Cpls facing CW raise their joined inside hands
 to form an arch and all run fwd two steps, turning twd ptrs
 on third and fourth steps to face about. Join inside hands.
 Cpls now facing CW form an arch and all return to original
 places.

FIGURE II

- 5-6 R-Hand Star, one-half way round with four Step-Hop steps.
 Clap own hands and stamp on R ft (ct 1), hop high on R ft and
 join R hands high in ctr to form a four-hand star (ct 2). Con-
 tinue with three Step-Hops, progressing CW to opp place.

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NIGUN MIXER (Cont)

- 7-8 L Hands joined with ptr, circling one-half way round in new place with four Step-Hops. Repeat pattern of meas. 5-6, starting with L ft, joining L hands with own ptr only, in new place. All finish facing in original direction, with girl on ptr's R, and facing a new cpl.

Repeat entire dance with new cpl each time.

Dance description by Olga Kulbitsky, Hunter College of the City of New York. Abbreviations added to fit U.O.P. syllabus format.

Presented by Vyts Beliajus