

nigun shel yossi

SOURCE: Dance: Raya Spivak; Music: Josef Spivak.
 MUSIC: Tikva T-100. or (Hochelut nr 3074) *Let's Dance*
 FORMATION: Couples in circle, W on M's R. All join hands and face center of circle. In this dance, couples change partners twice.

PART I

Ct
 1 Step on R to R side.
 2 *Swing* ~~Kick~~ L fwd over R.
 3 Step on L to L side.
 4 *Swing* ~~Kick~~ R fwd over L.
 5-8 Take 4 steps fwd (R, L, R, L).
 9-12 Repeat cts 1-4.
 13-16 Take 4 steps bkwd (R, L, R, L).
 17-32 Repeat cts 1-16.

PART II

Release hands. Partners face each other, *M CCW, W CW*

1 Step on R to R side.
 2 *Stamp* L ft taps next to R.
 3 Step on L to L side.
 4 *Stamp* R ft taps next to L.
 5-8 Take 4 steps fwd (R, L, R, L). M moves CCW, W CW, passing each other with R shldr, meeting a new partner.
 9-16 Join both hands with new partner, R shldrs next to each other, R arm extended, L arm bent, *or hold other upper arms* Take 8 steps once around to R, starting with R ft, and coming back to place. Release hands.
 17-32 Repeat cts 1-16 (change partners again).

Presented by Ruth Browns



Praise Him with the timbrel and dance